Goochland Powhatan
COMMUNITY SERVICES
Connect. Grow. Thrive.

GPCS BOARD MEETING AGENDA

November 2, 2026 at 4:30 P.M.

Pathways

I. Welcome

II. Minutes of October 5th 2026 Board Meeting
Pages: 1-3
***Action: Approve or amend October 2026 minutes.**

III. Public Comment

IV. FY27 Q1 Financial Report
Pages: 4
***Informational**

V. FY27 Holiday Season Floating Holiday Memo
Pages: N/A
*__Action: Approve or amend recommendation__

VI. Facility Updates
Pages: N/A
*__Informational__

VII. Reports
a. Board Chair
b. Senior Developmental Services Director
c. Senior Clinical Director
d. Senior Administrative Director
e. Executive Director
f. Other Reports
*__Informational__

VIII. Adjourn

Next Meeting: December 7th, 2026.
Location: Village Conference Room - Powhatan

GOOCHLAND POWHATAN COMMUNITY SERVICES
MINUTES
October 5, 2026

Goochland Powhatan Community Services Board of Directors held its October 2026 meeting on Monday, October 5, 2026, in Powhatan.

Present	Absent
Rudy Gregory	Marcus Allen
Stephen Hancock	Michael Asip
Joyce Layne-Jordan	Crystal Neilson-Hall
Sandra Leabough	
Linda Revels	
Hannah Robicheau	
Erin Tierney-Butler	

Staff Attending
Toby Fritz
Lateshia Brown
Lisette Edwards
Carinne Kight

Welcome
Hannah Robicheau welcomed all attending Board members and thanked them for joining the meeting. There were no additions to the agenda.

Minutes
The minutes of September 2026 meeting were reviewed for approval. No edits were noted.

ACTION: A motion to approve the September 2026 meeting minutes was made by S. Leabough and seconded by L. Revels. All in favor, no opposition. The motion carried.

Public Comment
None

FY26 EOY Financial Report
Toby reviewed the FY26 end of year financial report with the Board. He noted that Fee-for-Service (FFS) revenue appears under budget; however, this is primarily due to timing delays. Some payers, such as Anthem, are slow to process payments, which impacts when revenue is recorded. Also of note, a total of $145,000 in federal school-based revenue and $213,000 in regional funding was received after the close of the budget year. Toby pointed out that in consultant services the expenditures are under budget by $111,000. Of that amount, approximately $105,000 relates to a prevention grant that was coded to a different category. This highlights ongoing challenges within the current accounting system and reinforces the need for improvements through a new system. Overall, the organization ended FY25 with a strong financial position. Personnel costs were below budget, and total revenue exceeded expectations.

Facility Updates

Toby reported that the parking lot has been smoothed over. Only a portion of it is complete, as they must install the rainwater management system before doing the rest. Significant progress has been made overall with the siding installation being nearly complete as well as the interior firewall finished, and insulation work is expected to begin next week. Rick noted that once insulation is complete, interior work should progress quickly.

Reports

Board Vice Chair –

Hannah reported that the VACSB Public Policy Conference is being held this week, and several board members are planning to attend. She also shared updates on proposed changes to the waiver, including the introduction of a soft cap of 56 hours for personal care assistance. Additional proposed revisions include the removal of service facilitation and the removal of caregivers as eligible paid aids. Public comment on these proposed changes is open until October 17, and information, including the details of the changes and the comment portal, is available on the Town Hall Forum website.

Senior Developmental Services Director –

Lateshia reported that, based on the information received from DMAS so far, the soft cap is being implemented gradually. Support Coordinators are working to educate families as thoroughly as possible with the information currently available. She also noted that Child Check events are taking place in both counties. The team continues to work closely with both school systems, and Goochland has been an especially strong partner in coordinating the event. PIEP staff will be onsite for both the Goochland and Powhatan events, although no evaluations will be conducted at the Powhatan location. Lateshia provided child check flyers for the Board and encouraged them to distribute, she noted she would email them to the Board as well.

Senior Clinical Director –

Lisette informed the board that a new yoga class will begin tomorrow. The class is funded through a prevention grant in partnership with the Goochland YMCA, which is providing an instructor to lead sessions at Pathways. The program will run on Tuesdays from 1:00 to 2:00 p.m. throughout the next year and is open to anyone. Lisette said she will email the flyer to the Board members for distribution. She also reported that another peer has been hired and started today. In addition, Emily Li, SUD Care Coordinator received the Lifeline Award and was recognized by the Powhatan Board of Supervisors this month.

Senior Administrative Director –

Carinne let the Board know that one of the administrative assistants has resigned, so that position is currently advertised as are the continued opening for in-Home Support Services for part-time DSPs as well as van drivers. Carinne also reported that the independent financial auditors are completing their final review for the FY26 audit, having recently requested final documents and clarifications. She's hoping to have the final report in the end of October or early November.

Executive Director –

Toby highlighted that Lily Dean, Early Intervention Support Coordinator, received praise from DBHDS for the quality of her transition planning. DBHDS staff noted that her work was exceptionally well written and appreciated, reflecting her strong attention to detail and the positive impact her planning has on families and partner agencies. He also shared that the Developmental Services Support Coordination Team achieved a notable distinction on state performance measure that tracks dental exams within 14 months for individuals with dental coverage. GPCS was the only CSB in Virginia to meet this target in the fourth quarter of FY2026 and one of only three to meet the measure in any quarter this year. Toby recognized the team for their commitment, organization, and consistent follow-through.

Toby informed the Board that over the weekend he participated in the Goochland Fire-EMS community event, which went well. He also noted that he announced their approval of a holiday bonus and employees have expressed appreciation for the bonus.

Toby provided an update on the transition to the new banking partner, C&F Bank. Initial steps have begun, and the goal is to have all funds transferred by the end of the month.

Regarding Marcus Alert, Toby reported that Exhibit D has been received from the state, outlining planning expectations for the coming year. Up to $400,000 may be available this year, with a shift to a needs based budget the next year. A stakeholder survey has been distributed, and a meeting to review results is scheduled for October 29. A preliminary budget is due in mid-November. Regarding school-based funding, he noted that both school systems have applied to the DBHDS funding opportunities, which would support additional staff members in each county.

Lastly, he let the Board know that the agency's Great Place to Work survey is underway through October 16, with results expected at the end of the month and that quotes for the new building sign are being gathered and will be brought forward once received.

ACTION: Motion made by R. Gregory to adjourn, seconded by S. Leabough. All members affirmed, meeting adjourned

The meeting was adjourned at 4:56 pm.

_____ _____

Joyce Layne-Jordan, Secretary Date

JLJ/ck

GOOCHLAND POWHATAN COMMUNITY SERVICES
ALL PROGRAMS COMBINED
BUDGET REPORT
FY 2027

Account Description	FY 2026 Actual	FY 2027 Approved	Through 9/30/2026	% Expended	Over/(Under)	
EXPENSE						
PERSONNEL						
Total Salaries and Wages	$5,751,619	$5,993,406	$1,457,067	24%	($4,536,339)	
Total Fringe	$1,515,359	$1,660,680	$384,274	23%	($1,276,406)	
Total Personnel Services	**$7,266,978**	**$7,654,086**	**$1,841,340**	24%	($5,812,746)	
OPERATIONS						
Total Staff Development	$27,111	$28,218	$8,818	31%	($19,400)	1
Total Facility Expense	$179,539	$210,216	$44,762	21%	($165,454)	
Total Supplies	$174,669	$212,963	$36,615	17%	($176,348)	
Total Travel Expense	$218,343	$224,189	$49,128	22%	($175,061)	
Total Consult/Prof Servs	$396,679	$522,985	$164,226	31%	($358,760)	2
Total Special Funding	$391,644	$0	$105,502			
Total Misc Expense	$133,170	$154,170	$18,068	12%	($136,102)	
Total Operations	**$1,521,156**	**$1,782,981**	**$427,120**	24%	($1,355,861)	
TOTAL EXPENDED	**$8,788,134**	**$9,437,068**	**$2,268,460**	24%	($7,168,607)	
INCOME						
State Income - MH	$2,896,138	$3,212,439	$756,520	24%	($2,455,919)	
State Income - DD/ID	$589,253	$616,555	$149,155	24%	($467,400)	
State Income - SUD	$631,986	$652,333	$159,206	24%	($493,127)	
Federal Income	$736,920	$634,867	$190,109	30%	($444,758)	3
Goochland County	$498,836	$498,836	$102,982	21%	($395,854)	
Powhatan County	$432,524	$454,151	$113,538	25%	($340,614)	
Fees:					$0	
Medicaid SPO	$1,155,851	$1,208,893	$348,043	29%	($860,850)	
Medicaid Waiver	$715,262	$844,550	$243,997	29%	($600,552)	
Medicaid Transport	$17,079	$22,000	$4,194	19%	($17,806)	
Schools	$252,683	$113,500	$94,713	83%	($18,787)	4
Direct & Third Party	$463,462	$489,214	$138,090	28%	($351,125)	
Work Contracts	$0	$0	$0	0%	$0	
Program Activities	$0	$0	$0	0%	$0	
PIEP Part C	$296,402	$303,541	$75,885	25%	($227,656)	
Reinvestment	$177,425	$264,931	$114,752	43%	($150,179)	
Restricted-Grant	$0	$0	$0	0%	$0	
Reserves	$0	$0	$0	0%	$0	
Miscellaneous	$233,414	$110,000	$90,793	83%	($19,207)	5
Interest and Other	$10,429	$11,258	$0	0%	($11,258)	
TOTAL INCOME	**$9,107,663**	**$9,437,068**	**$2,581,977**	27%	($6,855,092)	
BALANCE	$319,529	$0	$313,516			

Notes:
1) Includes TOVA Recertification & Registration for VACSB Conference.
2) Includes expenses for Capital acct for the new website that was reimbursed to GPCS main acct.
3) We received $90,548 from DBHDS for our FY2026 WorkForce grant claims and FY2027 Gambling Prevention award that was sent early this year.
4) We are receiving more funding for SBS for FY2027 than we expected when preparing the budget. GPCS wasn't award the VCHF grant during budget preparation, and most of this funding is coming for the last quarter of FY2026.
5) This number will grow since the county is currently unable to addition revenue accounts for GPCS currently.

We are exactly where we want to be after the First Quarter of FY 2027!!

DEVELOPMENTAL SERVICES
October 2026 Board Report

Parent-Infant Education Program (PIEP)

We had 8 referrals in September, plus 3 more so far in October. Nine children were discharged in September (none in October so far), and 83 children had active IFSPs (with 12 in the intake process).



We're in the final countdown to our annual community child find event – Child Check. While I can't say exactly how long we've been doing this, I was able to find flyers going back to 1999 as well as a thank-you-for-participating letter written to Blockbuster Video in 1998. I can only assume before then we used actual typewriters and painted unique flyers by hand. Aside from the ache of nostalgia remembering Blockbuster, this means it must at least date back to 1997, so this year would be our 30th!

If you have the opportunity, please tell anyone and everyone this event is free, walk-in (no registration needed), and doesn't commit anyone to anything. If unavailable on this day, we offer these free screenings year-round by request. They just need to call.

Submitted by Jeanine Vassar,
Program Manager, Parent-Infant Education Program

In-Home Support Services:

In-Home Support Services (IHSS) Board Report

In-Home Support Services continues to actively serve 14 individuals, with one new referral currently in progress. Consumers remain highly engaged in community socialization opportunities and continue to make steady progress on their independent home-living skills.

Our staff has been actively supporting individuals with money management and healthy lifestyle choices. This includes promoting regular physical activity, identifying nutritious menu options when dining out, and selecting healthier food items during grocery shopping trips.
Consumers enjoyed a wide variety of activities and new experiences this month, including several fall festivals and an open house for a new fire station. Several individuals successfully explored new interests this month such as buying craft supplies to paint rocks and visiting a local animal shelter.

Submitted by Lisa Williams,
Program Manager, In Home Support Services

Developmental Services Support Coordination (ID/DD)

Developmental Services Support Coordinators empower independence by linking individuals to vital community resources while prioritizing the highest standards of health, safety, and proactive advocacy. At the core of our mission is a commitment to ensuring the well-being of those we serve, providing them with the necessary tools to thrive within the community.

Active CM (Medicaid)	113
Active CM (Non-Medicaid)	0
Waiver Breakdown	
Community Living	60
Family & Individual	55
Building Independence	1
Active Waiver Total	**113**
Non-waiver Active CM	0
Transfers	0
Total Individuals Served	**113**
DD Waiver Wait List Numbers	
Priority 1	2
Priority 2	27
Priority 3	29

The Developmental Services team is dedicated to offering direct, streamlined access for individuals and families seeking to join the Developmental Disability (DD) waiver waitlist. To ensure convenient, in-person support and assessments, our Support Coordinators are available on-site at our Powhatan office every Tuesday, and at our Goochland office every Tuesday and Thursday. This month individuals and families visited our offices for assessments for the waitlist.

Submitted by LaTasha Dodson,
Program Manager, Developmental Services (DS) Support Coordination

Day Support Services

Monacan Services continues to serve 19 consumers, with plans to welcome a new individual in November.

Monacan Services resumed the Library for All program at the Powhatan Library following its summer break. During the recent session, a local beekeeper visited to share information about bees, the different types of bees, and how a bee colony functions. Consumers enjoyed learning about bees and had the opportunity to create a small bee-hive, which was displayed at the library.



Consumers are also enjoying the cooler fall weather and taking advantage of opportunities to go on walks throughout the village. Staff and consumers are looking forward to the upcoming Halloween festivities, with consumers already making plans and getting excited about their costumes.

Submitted by Maitlin Ware,
Program Manager, Monacan Services

September 2026 Clinical Board Report

Senior Director Report

Lisette attended the Meeting of the Minds conference in Roanoke with Allison Middleton and our 2 new SUD clinicians, Ainsley Miller and Alyce Laverty. It was a 2 day conference focused on promoting clinical excellence in SUD treatment, so the staff was able to develop more clinical skills related to SUD work, build connections, and

In partnership with Powhatan Mobile Outreach, Liette participated in the screening and interview panel for Stories of Hope, videos detailing the personal impact of substance use on people in our communities to provide awareness and reduce stigma. Lisette sat on the panel of experts and answered questions from the audience regarding what people can do to create a more recovery-supportive environment.

Behavioral Health & Wellness Team

The Behavioral Health & Wellness team delivered Question, Persuade, Refer (QPR) suicide prevention training to 17 participants from the Boys to Men mentoring program. Attendees included mentors working with youth in Goochland, Chesterfield, Richmond, and Henrico, extending the training's reach across Central Virginia.

In recognition of Suicide Prevention Awareness Month, the team collaborated with Allison Downey and Lisette Edwards to share the Lock and Talk suicide prevention campaign through the CSB's Facebook page. Coordinated Wellness Wednesday articles reinforced suicide prevention messaging and provided additional opportunities to share prevention resources.

Community outreach continued through Capes Over Vapes, a partnership with Powhatan Parks and Recreation that engaged approximately 50 participants. The team also participated in Recovery Partners meetings focused on identifying resource gaps for individuals in early recovery. At the agency's job fair, staff highlighted the CSB's prevention services, generating interest in gambling prevention resources. Age-specific gambling prevention materials for youth and older adults were also shared with clinical colleagues.

Professional development included Travis Fellows' participation in the CCOVA Summit and Virginia Conference on Childhood Trauma, where he explored emerging approaches to strengthening trauma-informed prevention. Robin and Travis attended the National Prevention Network Conference, which highlighted positive community norms, protective factors, and research reaffirming the importance of delaying youth substance use to reduce the risk of substance use disorders later in life.

The team continued participating in the agency's website development project, helping to ensure the new website effectively communicates services and meets the needs of community members and other stakeholders.

September marked the conclusion of the State Opioid Response (SOR) Prevention Grant reporting period. The team successfully expended grant funds within the required timeframe, with final reporting activities scheduled for October.

Substance Use and Mental Health Recovery Team:

The Substance Use and Mental Health Recovery team continues to provide Clinical and case management services to clients, Peer Recovery services, Mobile Outreach supports, and AcuWellness to the community during Powhatan Community Matters programming.

Our Peer Recovery Specialists hosted Save A Life Day in both counties on September 24th to raise awareness of and provide free Naloxone to our communities. Our Mobile Outreach peer was highlighted in the Powhatan Stories of Hope event to share his story in recovery.

Our Substance Use outpatient clinicians joined the SUR manager and Senior Clinical Director at the inaugural Meeting of the Minds conference in Roanoke, focused on increasing clinical skills and knowledge of substance use disorders and treatment modalities to support our clients.

Our Mental Health Case Management team successfully discharged 15 clients, with an 87% success rate for the quarter! Our Substance Use Case manager, Emily Li, successfully passed her Certified Substance Abuse Counselor exam and was also given a Lifeline award through Powhatan County for her exceptional support of a client in a time of crisis.

The SUR Team attended the Region 4 Training and Development Conference this month and several of the team had the opportunity to attend the NAMI Mental Health conference in Charlottesville. We are looking forward to having a new peer support specialist join the team next month!







Mental Health Outpatient

Clients served:

MHOP: Adult: 299, Children: 245

SUDOP Adult: 68, Children: 3

SBS: 69 students

Events and trainings:

Two MHOP staff ran in the wellness 5k in Powhatan organized by Powhatan Free Clinic. Katie Hardman and Macaela West, 2 outpatient clinicians, represented GPCS at the event.

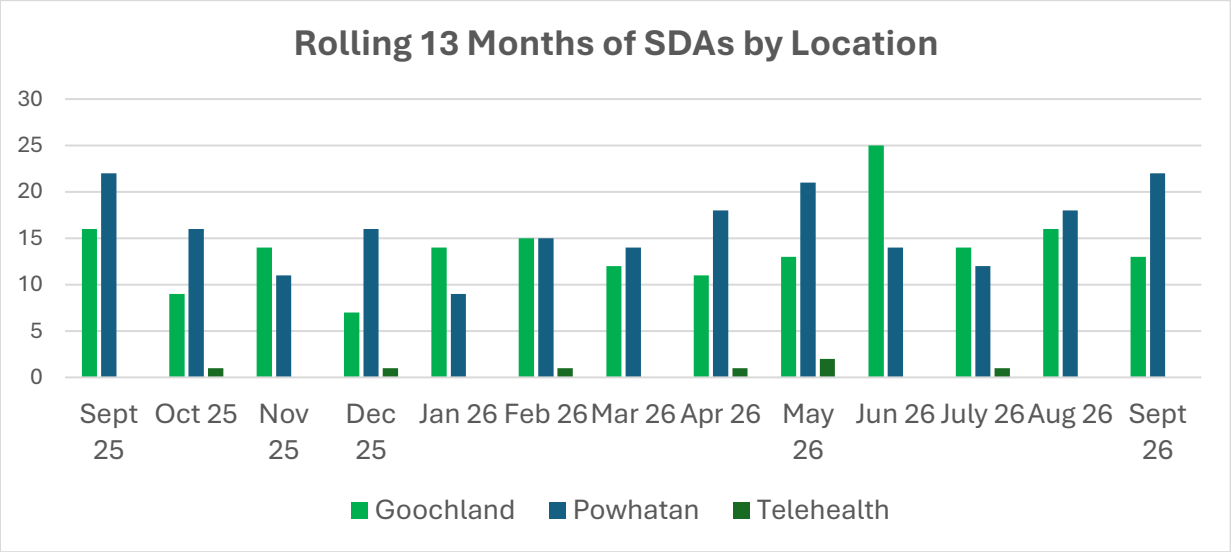


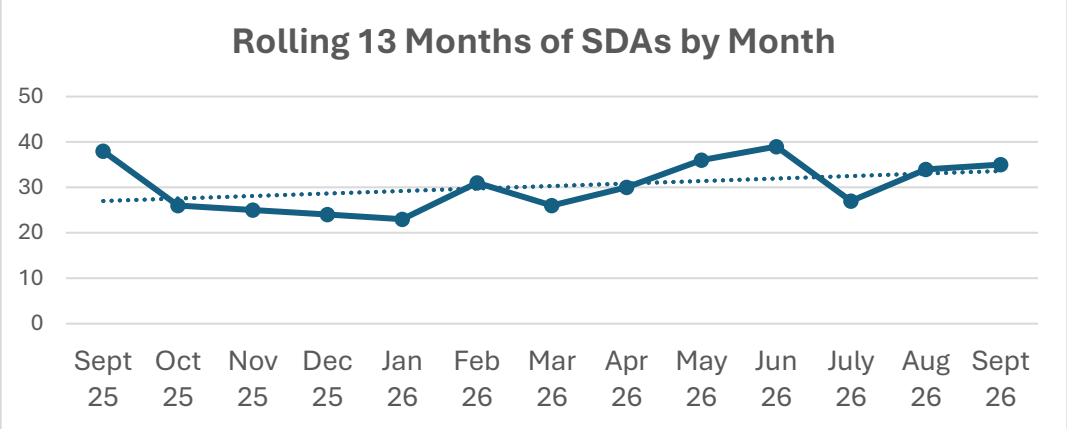
Several of our clinical staff attended Region 4 training covering a variety of mental health topics to support our community across the lifespan. Virtual trainings were held that staff attended on the following: Substance Use Among Youth Today Webinar", "Imposter Syndrome Treatments with CBT and ACT to Improve Self Confidence/Self-Efficacy"

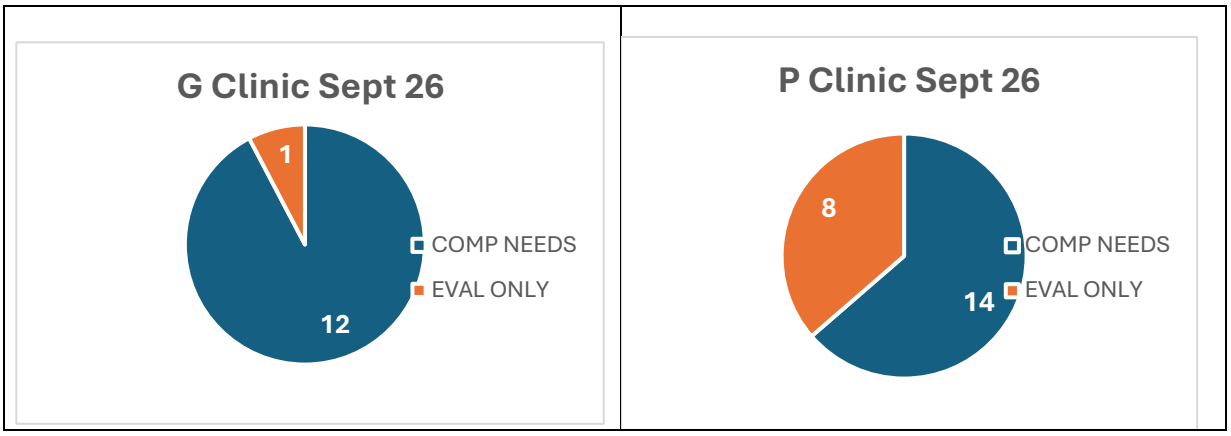
Emergency Services/Access Team

SDA:

In September 2026, the Access Team completed 35 Same Day Access (SDA) assessments, including 9 Substance Use Disorder (SUD) evaluations. Of these, 22 assessments were conducted at the Powhatan Clinic and 13 at the Goochland Clinic.







The Emergency Services Manager, along with other GPCS managers and directors, continued participating in weekly implementation team meetings for Clinically AI, a digital assistant designed to support clinical documentation.

On September 27, the Emergency Services Manager attended the quarterly Region IV Same Day Access (SDA) meeting. Guest presenters, Pregnant and Parenting RN Liaisons, provided information about their roles and programs. The meeting also included a discussion of challenges and differences among CSBs in implementing the WHODAS assessment tool.

During September, the Access Team and the SUD and Mental Health Recovery Team began coordinating the transfer of SUD Evaluations Only services, with implementation planned for October 1, 2026. In addition, Hospital Liaison Services were transferred from the Access Team to the SUD and Mental Health Recovery Team.

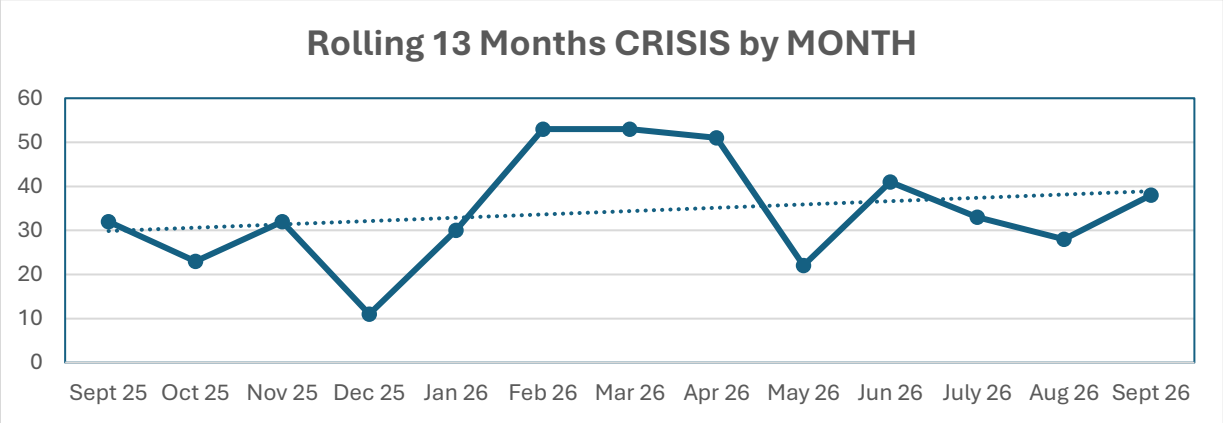
All GPCS departments, including the Access Team, participated in an agency-wide staff meeting and a "Job Fair" activity designed to increase staff awareness of the various departments' roles, responsibilities, and contributions to the agency.

Emergency Services:

In September, the Access Team provided a total of 38 emergency services this month, including:

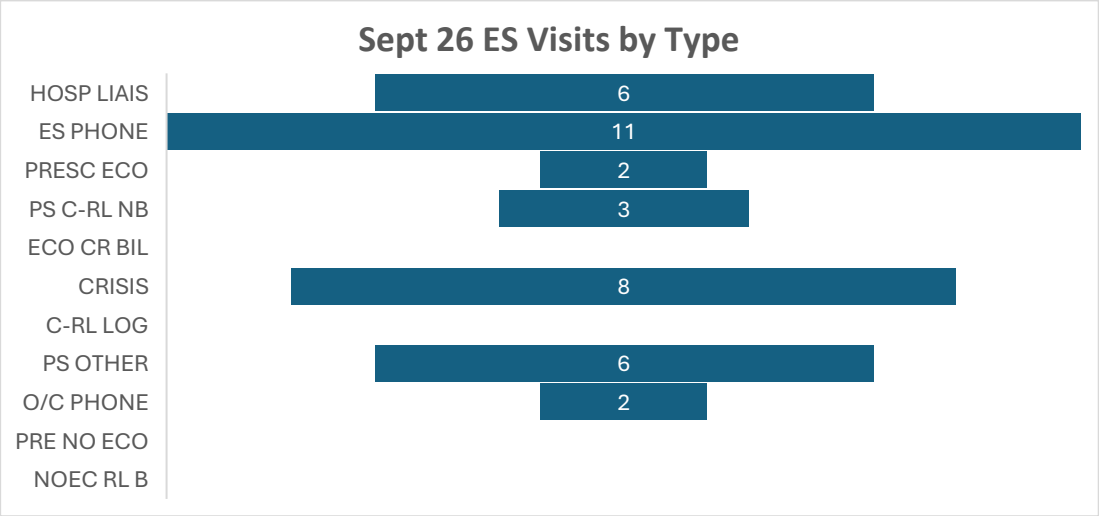
- 6 hospital liaison visits
- 11 Emergency Services (ES) phone calls
- 8 crisis interventions
- 2 prescreen evaluation conducted under an Emergency Custody Order (ECO)
- 6 prescreen evaluations completed by other Community Services Boards (CSB)

- 0 prescreen evaluations conducted without an Emergency Custody Order (No ECO)



The Emergency Services Manager continued to participate in recurring meetings related to facility referrals through the statewide Behavioral Health Link (BHL) platform, the monthly Emergency Services Council, and the bimonthly Region 4 Emergency Services Managers meetings. These collaborative forums provide opportunities to discuss current challenges, identify areas for improvement, and address issues affecting the crisis services system at the state and regional levels.

During the September Emergency Services Council meeting, members discussed changes in billing rates for pre-admission assessments, state hospital capacity, and ongoing challenges related to managing individuals awaiting placement under commitment orders.



Quality Report to the Board: Performance Measures
July–September 2026 (FY27, 1st quarter)

Below are the results for FY27 Q1 on the performance measures in Exhibit B of the CSB Performance Contract with benchmarks and data available. Definitions of measures and acronyms are on the back.

Quarterly Measures

Measure	DBHDS Goal	July	August	Sept.
Suicide Screening	86%	90.6% (29 of 32 people)	90.2% (37 of 41 people)	95.6% (43 of 45 people)
ISERV	Not Set Yet	100% (14 people) Mean=0.14	100% (15 people) Mean=0.00	96% (24 of 25 people) Mean=0.96
Appointment Kept	70%	95% (21 of 22 people)	100% (21 people)	100% (33 people)
SUD Engagement	65%	100% (1 person)	50% (2 of 4 people) – Watch item	Data not yet available

Annual Measures for FY26:

Primary Care Screening	Not Set Yet	FY2026 = 50% (32 of 64 people)
Metabolic Screening	Not Set Yet	FY2026 = 71.9% (92 of 128 people)
Trauma Training	95%	FY2026 100%
SMVF Training	95%	FY2026 100%
Peer & Family Support	1 Peer FTEs STEP-VA funded of 3 Total Peer FTEs 3 of 3 Peers were certified and registered	

Definitions

Suicide Screening: Of people age 6 and older who start a new MH or SUD case, the percent screened for suicide risk with the Columbia Suicide Severity Rating Scale within 30 days before or 5 days after the case opens.

ISERV: The percent of people who got a CNA within 10 business days of first contact, plus the mean (average) number of days from first contact.

Appointment Kept: Of new people who had a CNA and need follow-up services, the percent who kept a follow-up appointment within 30 days.

SUD Engagement: Of people age 13 and older admitted to services because of a new SUD diagnosis, the percent who start services within 14 days of the diagnosis and attend at least two more SUD services within 30 days.

Primary Care Screening: Of adults with SMI and children with SED who receive MHCM and psychiatry services, the percent who get a yearly primary care screening that includes height, weight, and BMI.

Metabolic Screening: Of people older than 3 in STEP-VA services who take antipsychotic medication prescribed by the CSB, the percent who had a metabolic screening within 1 year of being identified and get one at least every year after.

Trauma Training: The percent of outpatient provider staff who completed the required trauma-focused training: 8 hours in the first year of employment, then 4 hours each year, until 40 hours total.

SMVF Training: The percent of direct services staff who completed military cultural competency training within 90 days of hire and every 3 years after.

Peer & Family Support: The number of peer support FTEs paid by STEP-VA funds and the total peer FTEs from all funding. Peer supporters must be certified within 15 months of hire and registered with the Board of Counseling within 18 months of hire.

Terms and initials

BMI: body mass index;
CNA: comprehensive needs assessment;
CSB: Community Services Board;
DBHDS: Virginia Department of Behavioral Health and Developmental Services;
DBHDS Goal: the target set by DBHDS with the CSBs (Exhibit B calls it the benchmark); Not Set Yet means DBHDS and GPCS will set it by the end of state fiscal year 2027;
Exhibit B: the part of the state performance contract that lists the required measures;
FTE: full-time equivalent, one full-time position;
I-SERV: Time to Access Services, a measure tracking the average wait time for clients to receive key behavioral health services;
MH: mental health;
MHCM: mental health case management;
SDA: same day access;
SED: serious emotional disturbance;
SMI: serious mental illness;
SMVF: service members, veterans, and families;
STEP-VA: System Transformation Excellence and Performance, a set of required CSB services;
SUD: substance use disorder.