

GPCS BOARD MEETING AGENDA

March 2, 2026 at 4:30 P.M.

Pathways

- I. Minutes of the February 2, 2026 Board Meeting
Pages: 2-4
***Action: Approve or amend February 2026 minutes.**
- II. Public Comment
- III. Facility Updates
Pages: N/A
***Informational**
- IV. Reports
 - a. Board Chair
 - b. Senior Developmental Services Director
 - c. Senior Clinical Director
 - d. Senior Administrative Director
 - e. Executive Director
 - f. Other Reports
***Informational**
- V. Closed Session (if needed):
Pages: N/A
- VI. Adjourn

Next Meeting: April 6, 2026.

Location: Powhatan Village Conference Center

GOOCHLAND POWHATAN COMMUNITY SERVICES
MINUTES
February 2, 2026

Goochland Powhatan Community Services Board of Directors held its February 2026 meeting on Monday, February 2, 2026, in Powhatan.

Present

Marcus Allen
Michael Asip
Stephen Hancock
Sandra Leabough
Linda Revels
Hannah Robicheau
Erin Tierney-Butler

Absent

Rudy Gregory
Joyce Layne-Jordan
Crystal Neilson-Hall

Staff Attending

Toby Fritz
Lateshia Brown
Lisette Edwards
Carinne Kight
Robin Pentecost

Welcome

Mike Asip welcomed all attending Board members and thanked them for joining the meeting. There were no additions to the agenda.

Minutes

January 2025 meeting minutes were reviewed for approval. No edits were noted.

ACTION: A motion to approve the January 2025 meeting minutes was made by L. Revels and seconded by S. Leabough. Three Board Members abstained, as they were not present at the January meeting. The remaining two members in attendance voted in favor, with no opposition. The motion carried.

Public Comment

None

Presentation on Prevention Services

Robin Pentecost, Behavioral Health and Wellness Manager, reviewed the Prevention Services program with the Board. She reviewed the approach that prevention takes in trying to address items in the community before they become issues. She discussed shifting a culture that focuses on reaction over prevention and some of the barriers to prevention programs. Additionally, she reviewed the types of programs that Prevention program provides, including evidence-based training, awareness campaigns, and youth services. She provided an overview of some of the GPCS specific programs of mental health first aid training for adults and for youth, lock and talk, and suicide prevention. She discussed what

success for prevention programs looks like and the positive impacts of prevention programs on communities.

Facility Updates

Toby informed the board that the slab has been poured and water service is on site. He also let the Board know that given the recent weather and delays Rick has reordered some things. He is going to be getting materials delivered sooner and doing drain field later. Overall, it's great to see progress being made.

Reports

Board Chair –

Mike noted that it was a pleasure to go to VACSB conference in January. He learned some things and saw that there are a lot of policies potentially affecting CSBs as well as school mental health. Overall, he thought it was a good conference.

Senior Developmental Services Director –

Lateisha reminded the Board that earlier in fiscal year GPCS received a grant which included funds for sign on bonuses for new In-Home Supports Specialists, part time staff employed in the In-Home Supports Program. Since receiving that grant, we have onboarded 2 additional IHSS staff, which is typically a hard position to fill.

Lateshia informed the board that the developmental services awareness day, including the Monacan Services talent show, will take place 11 am to 3 pm on March 20th. It will be held at the landmark center again and there are new community resources that will be attending this year and setting up vendor tables. She will forward a flyer once the teams finish development.

Senior Clinical Director –

Lisette reported that the outpatient director is out on maternity leave, so her team is busy working through that for the next couple months. She also let the board know GPCS now has stickers for the agency, as free handouts to the public. She provided the board members with stickers and let them know that it was an agency wide effort as we started with over 30 designs. Leadership got it down to 14 and then sent a poll out to the agency to vote on their favorites. The top six were then produced. Lisette also let the board know her team is still recruiting for an emergency services clinician and a school-based services clinician.

Senior Administrative Director –

Carinne reported that there are a couple other vacancies including developmental services program support specialist, communications and community engagement specialist, and in home support specialists.

Executive Director –

Toby informed the board that he appreciated Mikes time with him at VACSB, as they were able to go through the General Assembly building and make some connections with legislators. They were able to do some advocacy for school-based services and were able to sit and talk with some delegates and their staff about the concerns and impacts of the budget amendments surrounding the schools grant for

services. He also informed the board that the next VACSB will be held May 6 through 8th, and it will be in Richmond. If board members are interested in attending, just let him know.

Toby then reviewed the quarterly budget report. He highlighted that through 6 months GPCS is in the positive, primarily due to grants that have come in. He also noted that GPCS is at 49% of budgeted expenditures, which is right where we need to be.

Toby provided the board with an overview of the quarterly dashboard measures. He noted that measures are in the green for SDA but that the measures for SUD engagement are being monitored and the team has requested technical assistance from DBHDS. Additionally, he pointed out that the Columbia screening for children is on track, but the adult Columbia screening measure fell below due to staffing changes though following the dip in October it was back to normal.

Toby informed the board that he has built a strategic plan dashboard as a simple way to show where we are on each of the objectives noted in the strategic plan. He let them know he'll be using it to provide quarterly updates on implementation of the strategic plan.

There was a question regarding county appropriations request for FY27. Toby noted that he requested a small increase from both counties, for a total of \$454,000. As budget discussions have just started there is no indication if it will be approved yet.

ACTION: Motion made by L. Revels, seconded by M. Allen. All members affirmed, meeting adjourned

The meeting was adjourned at 5:22 pm.

Joyce Layne-Jordan, Secretary
JLJ/ck

Date

DEVELOPMENTAL SERVICES March 2026 Board Report

Parent-Infant Education Program (PIEP)

We had 5 referrals to PIEP in so far in February, 6 children were discharged, and we served 60 families with active IFSPs (another 8 in the intake process).

PIEP is helping prepare for this year's Developmental Services Awareness Day, both looking forward to the annual Talent Show by the Monacan crew as well as the chance to spend the day with our community partners. This year we're also Rocking our Socks for Down Syndrome Awareness and we have t-shirts available for anyone to order to wear the day of the event!

While of course we're excited for all the fun we're looking forward to, this event serves a greater purpose. We're a mostly rural, somewhat suburban community, so often the assumption is that we don't have much to offer this side of 288. This event is our chance to get the word out on all our local resources, especially to families who may be new to this area as well as to the developmental services community. We're happy to tell you what's available through the hospitals, clinics, and greater agencies in Richmond and even Charlottesville, but we're passionate about showing you all the local community connections that round out a fully lived life.

Submitted by Jeanine Vassar,
Program Manager, Parent-Infant Education Program



**Developmental Services
Awareness Day**

**ADVOCATE
SUPPORT
EMPOWER**

Friday, March 20, 2026
11:00AM - 3:00PM

The Landmark Center
4290 Anderson Highway, Powhatan VA 23139

- Monacan Services Talent Show
- Prizes and Games
- Food Truck

**Come learn about our services and
connect with community resources!**

Rock Your Socks for Down Syndrome Awareness

T-shirts for sale to support our mission.
Scan the QR code below to order.

**For more information visit
<https://gpcsb.org>**

**Goochland Powhatan
COMMUNITY SERVICES**
Connect. Grow. Thrive.

Developmental Services Support Coordination (ID/DD)

Developmental Services Support Coordinators empower independence by linking individuals to vital community resources. We continue to prioritize the highest standards of health and safety through proactive monitoring and staff advocacy. Our team participated in ongoing professional development, including a Regional Support Coordinator meeting. We are actively transitioning new individuals into integrated community services to promote inclusion and autonomy.

Submitted by LaTasha Dodson,
Program Manager, Developmental Services (DS)
Support Coordination

Active CM (Medicaid)	111
Active CM (Non-Medicaid)	0
Waiver Breakdown	
Community Living	60
Family & Individual	50
Building Independence	1
Active Waiver Total	111
Non-waiver Active CM	0
Total Individuals Served	111
Transfers	0
DD Waiver Wait List Numbers	
Priority 1	0
Priority 2	32
Priority 3	38
Wait List Total	71

Day Support Services (ID/DD)

Monacan Services

Monacan Services continues to move forward and grow! We are excited to welcome a new consumer to the program next month, with another prospective consumer hoping to join us soon. We are currently in full swing practicing for the upcoming Talent Show on March 20th as part of the Developmental Disability Awareness Event. The consumers are thrilled for the opportunity to showcase their talents and are looking forward to a fun and memorable day! Monacan Services is also ready for warmer spring weather and sunshine. The recent snow has limited some of our community outings, and we are eager to get back out and enjoy all the opportunities the upcoming warmer months will bring.

Submitted by Maitlin Ware,
Program Manager, Monacan Services

In-Home Support Services:

The In-Home Support (IHSS) program currently provides services to 13 individuals. We are pleased to announce the hiring of a new Developmental Disability Program Specialist, who will begin on March 1st. This role will provide essential administrative support to the IHSS Manager, overseeing quarterly reporting, chart audits, and family communications.

In the last month our staff has done an exceptional job fostering socialization by offering a wide array of community outings. By presenting choices through flyers, photos, and web searches, staff helped individuals enjoy everything from Valentine's Day parties and bowling to trips to the barbershop, nail salons, local restaurants, and other highlights included participation in library book clubs, fitness activities at the YMCA, local indoor tracks, Sky Zone and various social outings. Additionally, staff continue to facilitate the development of activities of daily living (ADLs), assisting individuals with household maintenance and personal shopping. By supporting these daily tasks and community outings our team continues to do a fantastic job promoting independence and confidence in those we serve.

Submitted by Lisa Williams,
Program Manager, In Home Support Services

Developmental Services Quality Assurance

During February, the Developmental Services (DS) Quality Assurance Coordinator partnered with the DS team to sustain regulatory compliance and support planning for the upcoming community event. Preparation for the pending Annual DD Licensing Inspection continued through routine documentation reviews and targeted reminders regarding compliance expectations across DD programs.

The DS QA Coordinator met with Support Coordinators to review data and documentation to strengthen adherence to regulatory requirements and practice standards. Support Coordinators reported that these data reviews have been beneficial in supporting ISP development and ensuring timely and appropriate case management contacts. Positive progress was noted in multiple performance areas, including ISP completion rates, ISP Measure performance, and Targeted Case Management (TCM) and Enhanced Case Management (ECM) data. During the quarterly review with the Regional Quality Improvement Specialist, improvement was identified across four ISP Measures, and the agency was recognized for maintaining 100% compliance on seven of the fifteen measures on a consistent basis.

Internal monitoring continues to demonstrate compliance with TCM and ECM performance targets.

The DS QA Coordinator also collaborated with the Developmental Services Awareness Event team to support planning for the March 20, 2026, community event. In addition, preparation and documentation review were conducted in advance of the annual Support Coordinator Quality Review (SCQR). Ongoing efforts remain focused on strengthening record integrity, aligning with state policy expectations, and promoting a culture of continuous quality improvement and licensing readiness across Developmental Services.

Submitted by Naomi Robinson,
Developmental Services Quality Assurance Coordinator

March Clinical Board Report

Medical Services:

182 med visits with 164 unique clients served

Mental Health Outpatient: 552 sessions held (268 clients total)

224 sessions- children

328 sessions - adults

SBS: 162 SBS sessions

Behavioral Health & Wellness Team

In January, despite multiple snow days and weather-related disruptions, the Behavioral Health & Wellness team continued advancing prevention training, community partnerships, and regional coordination efforts. On January 15, staff delivered the Adverse Childhood Experiences (ACEs) Kintsugi training for CASA volunteers, serving eight participants. This marked the first time the newly adapted Kintsugi curriculum was delivered outside of internal CSB staff. The hands-on workshop was well received and provided participants with both trauma-informed education and practical prevention resources, including gambling prevention hotline information, Lock and Talk Virginia materials, cable locks, and drug deactivation packets.

The team strengthened local partnerships by connecting with the Powhatan Free Clinic and providing Lock and Talk resources to expand access to firearm safety materials within the community. Outreach efforts for the Young Adult Survey continued, including the development of a contact management tracking system to better organize partnerships with businesses, agencies, and organizations serving individuals ages 18–25. In preparation for the survey's February launch, Travis Fellows drafted newspaper articles and coordinated social media outreach to increase awareness and participation across the service area. Given the complexity of engaging this population, January included focused planning, messaging development, and infrastructure-building to improve survey reach and coordination.

Regionally, staff continued collaborating with Be Well VA as the organization transitioned to a new operational structure, including the separation of marketing, creative, and committee leadership vendor roles. The team worked within this updated framework to support suicide prevention and gambling prevention initiatives across the Central Virginia region through established partnerships.

Substance Use and Mental Health Recovery Team:

The Substance Use and Mental Health Recovery team continues to provide Clinical and case management services to clients, Peer led community groups, Mobile Outreach supports, and Acu-detox to the community and county employees.

Our Peer Recovery Specialists facilitated community groups for recovery and celebrated the graduation of our two Region 4 Peer Interns. Our peer team continues to facilitate community groups in Goochland and Powhatan to support those in recovery, conducted 19 direct peer services to individuals, and continued to support outreach tabling events and GPCS and Powhatan County Staff AcuDetox session. We continued to host additional Acu-Detox sessions this month to support GPCS and other agency staff.



Our mobile outreach team also monitored the continuation of a Compassion Cabinet in our Powhatan office to support community members and clients in accessing necessary hygiene items.

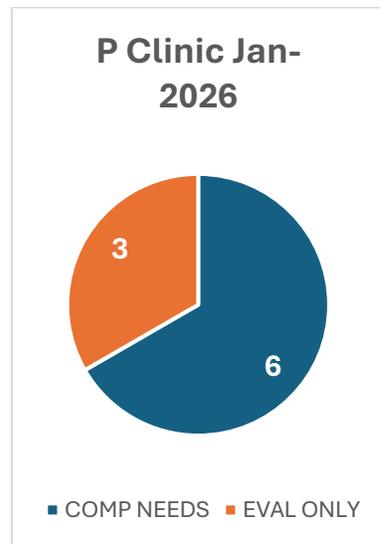
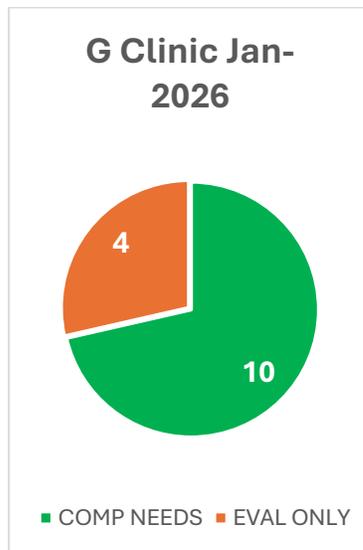
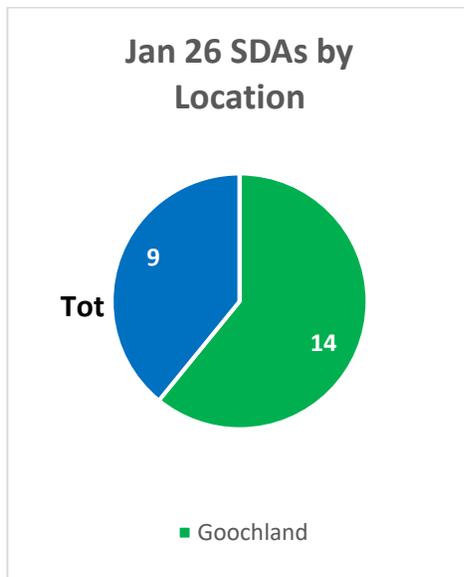
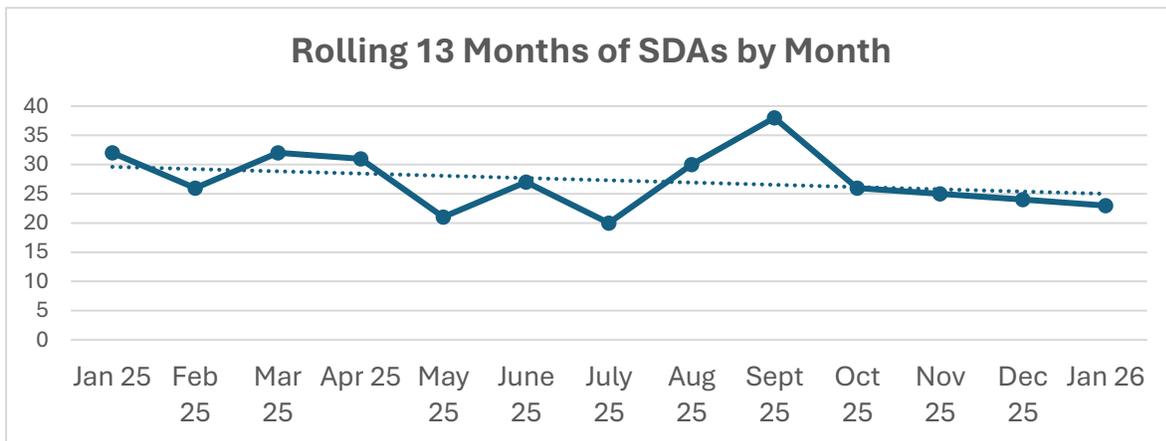
Our Substance Use clinicians continue to offer and lead clinical groups and are connecting more consumers with long-term support for their recovery. Our clinicians also conducted 41 group and individual therapy sessions for our substance use and Office Based Addiction Treatment clients.

Our Mental Health Case Management team conducted 50 case management visits and continue to provide wrap-round supports to 73 consumers to ensure timely access to psychiatric, medical, and community services. Our Substance Use Case manager/Care Coordinator conducted 13 visits this month to support 14 clients in accessing recovery services, managing resources, and referring to appropriate supports in the community.

Emergency Services/Access Team

SDA:

In January 2026, the Access Team completed 23 Same Day Access (SDA) assessments, including seven Substance Use Disorder (SUD) evaluations. Of these, nine assessments were conducted at the Powhatan Clinic and fourteen at the Goochland Clinic.



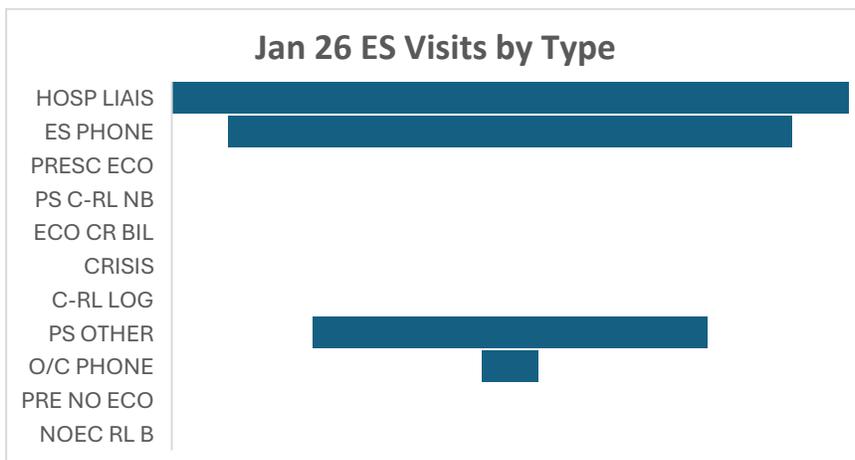
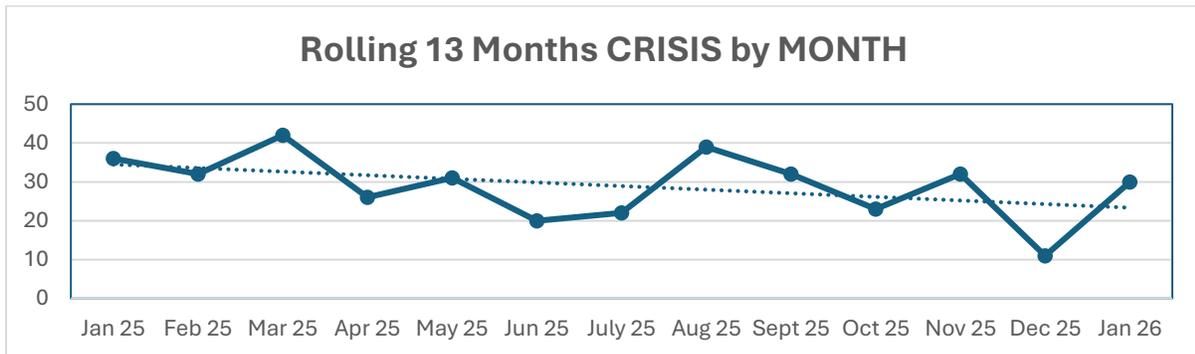
During the month, the Access Team was represented at the Virginia Association of Community Services Boards Legislative Conference, where specific proposed bills were presented and the association’s positions were discussed.

Additionally, three members of the Access Team attended and completed a two-day training on restoration services to enhance their knowledge, skills, and techniques. This training will support the continued delivery of high-quality restoration services to residents of our community.

Emergency Services:

The Access Team provided a total of 30 emergency services this month, including:

- 12 hospital liaison visits
- 10 Emergency Services (ES) phone calls
- 0 crisis interventions
- 0 prescreen evaluations conducted under an Emergency Custody Order (ECO)
- 7 prescreen evaluations completed by other Community Services Boards (CSBs)
- 0 prescreen evaluations conducted without an Emergency Custody Order (No ECO)



The Emergency Services Manager continues to participate in recurring meetings focused on facility referrals through the statewide Behavioral Health Link (BHL) platform, during which the latest updates to the system are reviewed and discussed.

In addition, the Emergency Services Manager attends the monthly Emergency Services Council meeting. This month's agenda included legislative discussions regarding several proposed bills, including House Bill 11 (ECO Transport to Residence), House Bill 309 (Medical Temporary Detention Order and Hospital Security), House Bill 1292 (Riverside Hospital Pilot Program), and Forensic Code Bill: Misdemeanor Charges & ECO Pathway. The Council also discussed Medical Floor Referrals and Evaluations, Alternative Transportation updates, and State Hospital and Forensic services updates.