

GPCS BOARD MEETING AGENDA

February 2, 2026 at 4:30 P.M.

Powhatan Village Conference Room

- I. Minutes of the January 5, 2026 Board Meeting
Pages:
***Action: Approve or amend January 2026 minutes.**
- II. Public Comment
- III. Presentation: Prevention
Pages: N/A
***Informational**
- IV. Facility Updates
Pages: N/A
***Informational**
- V. Reports
 - a. Board Chair
 - b. Senior Developmental Services Director
 - c. Senior Clinical Director
 - d. Senior Administrative Director
 - e. Executive Director
 - f. Other Reports***Informational**
- VII. Closed Session (if needed):
Pages: N/A
- VIII. Adjourn

Next Meeting: March 2, 2026.

Location: Pathways

GOOCHLAND POWHATAN COMMUNITY SERVICES
MINUTES
January 5, 2026

Goochland Powhatan Community Services Board of Directors held its January 2026 meeting on Monday, January 5, 2026, in Goochland.

Present

Michael Asip
Rudy Gregory
Sandra Leabough
Crystal Neilson-Hall
Linda Revels
Hannah Robicheau

Absent

Marcus Allen
Stephen Hancock
Joyce Layne-Jordan
Erin Tierney-Butler

Staff Attending

Toby Fritz
Lateshia Brown
Lisette Edwards
Carinne Kight
Lisa Williams

Welcome

Mike Asip welcomed all attending Board members and thanked them for joining the meeting. There were no additions to the agenda.

Minutes

December 2025 meeting minutes were reviewed for approval. No edits were noted.

ACTION: Motion to approve December 2025 meeting minutes was made by C. Neilson-Hall, seconded by L. Revels. Motion approved by all in attendance, none opposed. Motion carried.

Public Comment

None

Presentation on In Home Support Services

Lisa Williams, In Home Support Services Manager, reviewed the In-Home Support Services program with the Board. She noted that the program provides in-home support services with a strong focus on skill-building activities, such as learning household tasks (e.g., doing laundry). These activities are often self-help and household skill development, tailored to individual needs. She noted that they serve Goochland, Powhatan, and Hanover counties and have 17 staff members. The goal of the program is to promote independence and improve quality of life through support of activities of daily living (ADLs), facilitation of community outings, and providing opportunities for socialization. Lisa stressed that the program takes a person-centered approach and everyone's support plan is customized based on the individual's preferences and goals.

Appointment of Hannah Robicheau to Cedarwoods Residential, Inc. Board of Directors

Toby reminded the board that at the last meeting there was a discussion for another cedarwoods residential board member and Hannah expressed interest in serving in the role. He explained that for Hannah to serve on the cedarwoods board of directors the GPCS board of directors had to appoint her onto the Board.

ACTION: Motion to approve Hannah Robicheau's appointment to the cedarwoods board of directors was made by C. Neilson-Hall, seconded by L. Revels. Motion approved by all in attendance, none opposed. Motion carried.

Facility Updates

Toby informed the board that all plumbing beneath the floor has been completed and is currently undergoing inspection. The next step will be installing the underground electrical systems. The team is working to take advantage of the warm weather this week to proceed with pouring the concrete. A meeting was held with Rick and the Goochland IT team to determine infrastructure requirements and establish milestone decision dates, including access points and line drops. Outside of the new building, Toby reported that a full review of the security grid for the Taylor and Pathways buildings is underway. Prior to the holidays, meetings were held with security vendors, and all have committed to providing estimates following the holiday period.

Reports

Board Chair –

Mike informed everyone that there have been several bills introduced into this General Assembly session that focus on mental health. He is taking time to learn more about mental health overall and the impact of the proposed bills.

Senior Developmental Services Director –

Lateisha informed the board that the Developmental Services programs are currently awaiting the annual unannounced inspection from licensing, which could occur at any time. She also shared that planning has begun for the Developmental Services Awareness Event, scheduled for March 20th. Additional details will be provided soon. The team aims to finalize and distribute event flyers by the end of this week.

Senior Clinical Director –

Lisette reported that the outpatient programs underwent a licensing review in November. During the review, three citations were issued. She noted that two citations were related to documentation. These issues had already been identified by Lisette and her managers, and corrective measures were implemented prior to the review. The third citation concerned an employee training requirement. This matter has been resolved, as the employee completed the necessary training in December.

Senior Administrative Director –

Carinne reported that the operations manager, Jason Chatman, has resigned. She and Toby are going to review the position and its responsibilities and determine the best path to fill the need going forward.

She also reported that there have been some applications for the communication and community engagement specialist that she and Toby are reviewing. They hope to schedule interviews at the end of the month.

Lastly, Carinne informed the Board of current vacancies of ES clinician, outpatient clinician, school-based clinician, developmental disability program support specialist, in home support specialist, and van drivers.

Executive Director –

Toby let the Board know that VACSB is being held in Richmond on January 20th. Any Board members interested in attending just let him or Carinne know.

He also shared that an announcement has been made regarding the new DBHDS Commissioner. Daryl Washington has been appointed to the position. Mr. Washington currently serves as the Executive Director of the Fairfax Community Services Board, bringing valuable experience and understanding of CSB operations to the role.

Lastly, Toby discussed the role of a fiscal agent. When GPCS was established, it was required to have a fiscal agent, and Goochland County has fulfilled that role since inception. Currently, this requirement no longer exists. Recent discussions have focused on the level of services GPCS utilizes within Goochland County and the historical relationship between the two entities. There is discussion of developing a Memorandum of Understanding (MOU) to clearly define this relationship. Toby will continue conversations with Goochland leadership and provide updates as discussions progress.

ACTION: Motion made by C. Neilson-Hall to adjourn, seconded by L. Revels. All members affirmed, meeting adjourned

The meeting was adjourned at 5:18 pm.

Joyce Layne-Jordan, Secretary

Date

JLJ/ck

DEVELOPMENTAL SERVICES

January 2026 Board Report

Parent-Infant Education Program (PIEP)

We had 7 referrals to PIEP so far in January and 8 children were discharged. We served 59 families with active IFSPs and 11 more are in the intake process.

While being a home & community-based program is a unique advantage of Early Intervention, giving us insight into the daily lives of our families and allowing us to literally meet them where they are, it also means we're exceptionally thrown by unfavorable weather. Even if our team is able to travel safely to and from the office, we still have to consider the long driveways and dirt roads that may be between the office and the families we need to see. Thankfully, one of the silver linings of The 2020 Experience is the allowance to do our visits by telehealth as needed.

Before the regulatory and insurance changes that came with Covid lockdown, we often had to cancel visits due to heavy rains, snow/ice, and imminent storms. Bad timing could lead to weeks between sessions so we would make do with phone calls to talk through what to do in the meantime. Now that we can offer telehealth with very little preparation, our families have options. We still have some parents choose to cancel or reschedule due to power outages or older siblings home doing remote learning, but we're thankful to be able to give them choices.

Submitted by Jeanine Vassar,
Program Manager, Parent-Infant Education Program

Developmental Services Support Coordination (ID/DD)

Developmental Services Support Coordinators empower independence by linking individuals to vital community resources. This year, we continue to prioritize the highest standards of health and safety through proactive monitoring and staff advocacy.

Our team participated in ongoing professional development, including specialized Health and Safety Overview training, to ensure top-tier service delivery.

We are actively transitioning new individuals into integrated community services to promote inclusion and autonomy.

Submitted by LaTasha Dodson,
Program Manager, Developmental Services (DS) Support Coordination

Active CM (Medicaid)	109
Active CM (Non-Medicaid)	0
Waiver Breakdown	
Community Living	60
Family & Individual	50
Building Independence	1
Active Waiver Total	110
Non-waiver Active CM	0
Total Individuals Served	110
Transfers	
DD Waiver Wait List Numbers	
Priority 1	2
Priority 2	32
Priority 3	37
Wait List Total	71

Developmental Services Quality Assurance

Developmental Services Quality Assurance supported the Developmental Services Teams in their efforts to ensure compliance with regulations and to ensure high-quality service delivery. During January, we continued to focus on ensuring our consumer and employee records were up to date in preparation for the annual DD Inspection. The QA Coordinator updated several internal forms for better efficiency and led staff "huddles" to review the latest DBHDS compliance charts. While waiting for updated state dashboards, we have successfully utilized internal monitoring systems to track progress and resolve any outstanding concerns from previous audits. Progress with previous audits/reviews has continued to be monitored and concerns addressed. The DS QA Coordinator attended the VACSB Public Policy Conference, which provided updates on legislative actions and bills of interest. By staying proactive in both record integrity and state-level policy, the QA team continues to foster a culture of continuous improvement and regulatory readiness.

Submitted by Naomi Robinson,
Developmental Services Quality Assurance Coordinator

Day Support Services (ID/DD)

Monacan Services

Monacan Services continues to support 19 individuals in the program, with an additional consumer joining soon!



Monacan Services attended the Developmental Disability Rally hosted by The Arc at the Virginia State Capitol in mid-January. Our consumers were thrilled to participate in this meaningful event. The rally provided a powerful opportunity for self-advocates, families, allies, and supporters to come together and advocate for disability rights, inclusion, and equity.

Events like this remind our legislators that our voices matter and that nothing about us should ever be decided without us. Throughout the morning, consumers proudly held signs, listened to stories from fellow advocates, and joined in chants alongside the crowd. It was an inspiring and impactful experience for everyone involved.

Our consumers are already looking forward to the next opportunity to participate in an advocacy event and continue making their voices heard!

Submitted by Maitlin Ware,
Program Manager, Monacan Services

Developmental Services

In-Home Support Services:

The In-Home Supports program currently serves 14 individuals. Since the implementation of the sign-on bonus, we have welcomed two new staff members who have transitioned smoothly into their roles as In-Home Support Specialists.

The in-home team remains dedicated to fostering community integration, socialization, and the development of essential daily living skills through a diverse array of outings.

Recent highlights of activities have been:

- **Personal Care:** Some of the participants recently enjoyed visits to nail salons, hair salons, and barbershops.
 - **Creative Arts:** One of our senior participants attends weekly Friday art classes at the Henrico Cultural Arts Center with her staff.
 - **Physical Wellness:** To promote fitness, staff facilitated trips to:
 - Sky Zone and the YMCA (swimming and exercise).
 - Cool Springs Baptist Church (indoor track and treadmill).
 - Walking sessions at Chesterfield Towne Center and Regency Mall.
 - Bowlero to bowl
 - **Leisure and Education:** Individuals visited local cinemas, including Regal and Henrico Theater, and spent time at community libraries participating in craft sessions, reading, and borrowing books and DVDs. In alignment with personal preferences, several participants were supported by staff in attending church services as requested.
 - **Shopping** Popular shopping destinations included Walmart, Target, Five Below, and Bass Pro Shop, Goodwill, Dollar Tree.
 - **Dining:** Social dining remains a favorite activity. Groups recently visited various local restaurants including Rise and Shine Diner, Panera Bread, Applebee's, Outback Steakhouse, Cracker Barrel, and Mexico Restaurant
- A core focus of our program is supporting personal goals and household autonomy. Notably, one individual specifically requested to learn how to complete his own laundry. He is currently supported by mastering the washing process, including measuring and pouring detergent.

In-home support specialists excel at coordinating joint outings. By collaborating with fellow staff, they ensure that the individuals we serve have frequent opportunities to interact and build meaningful friendships with their peers.

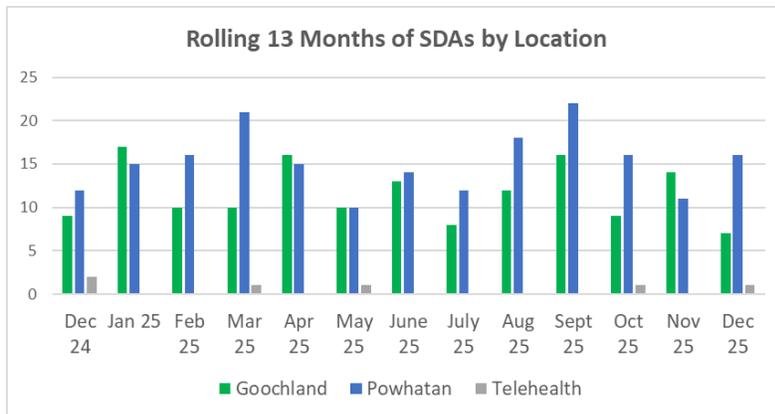
Submitted by Lisa Williams,
Program Manager, In Home Support Services

December 2025 Clinical Board Report:

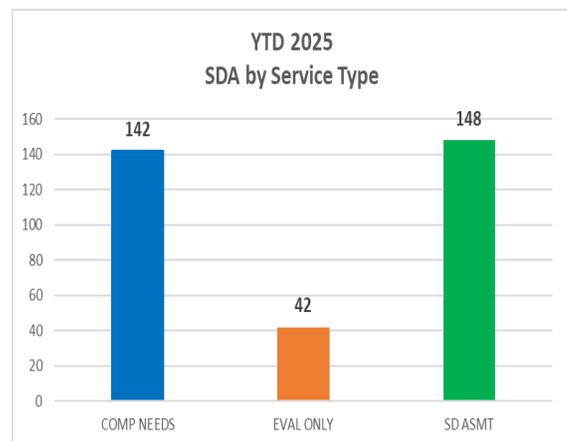
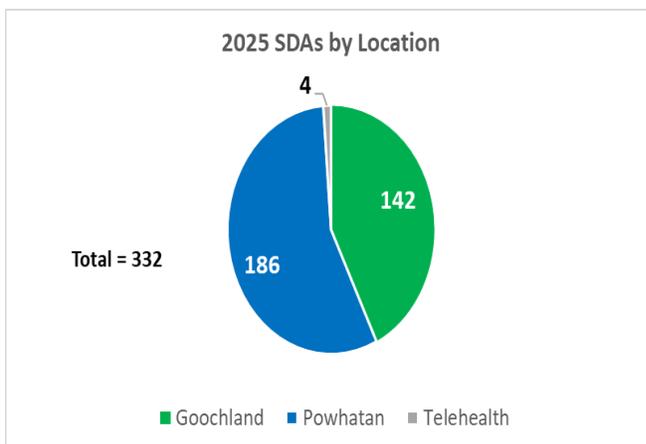
Emergency Services/Access Team

SDA:

In December 2025, the Access Team completed 24 Same Day Access (SDA) assessments, including one Substance Use Disorder (SUD) evaluation. Sixteen assessments were conducted at the Powhatan Clinic, seven at the Goochland Clinic, and one via telehealth.



In 2025, a total of 332 assessments were completed, including 42 SUD evaluations. Of these, 186 were conducted in Powhatan, 142 in Goochland, and four via telehealth.



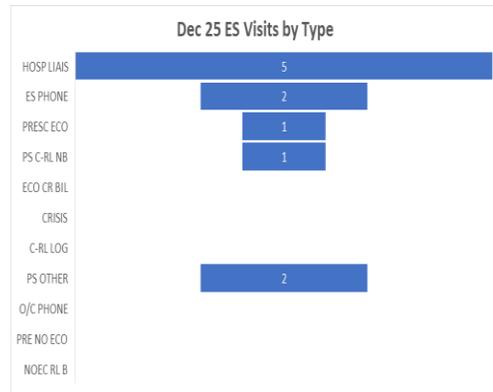
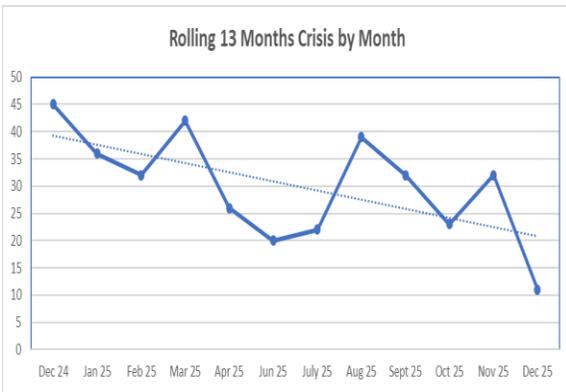
The final phase of changes to the substance use evaluation process was implemented in early December. The SUD Evaluation Only now includes the Substance Abuse Subtle Screening Inventory (SASSI) to help determine whether clients are likely to meet diagnostic criteria for Substance Use Disorder.

This month, the Access Team also participated in the All Staff and Clinical Staff holiday celebration.

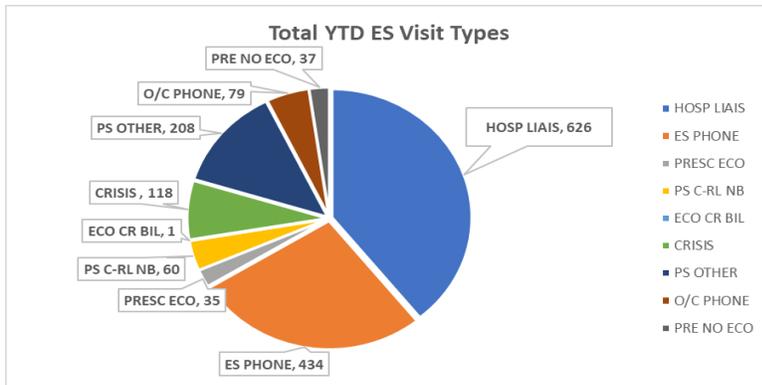
Emergency Services:

The Access Team provided a total of 11 emergency services this month, including:

- 5 hospital liaison visits
- 2 Emergency Services (ES) phone calls
- 0 crisis interventions
- 1 prescreen evaluation conducted under an Emergency Custody Order (ECO)
- 2 prescreen evaluations completed by other Community Services Boards (CSBs)
- 0 prescreen evaluations conducted without an Emergency Custody Order (No ECO)



During calendar year 2025, the Access Team completed 1598 services, including 626 hospital liaison services.



The Emergency Services Manager continues to participate in recurring meetings focused on facility referrals through the statewide Behavioral Health Link (BHL) platform, where stakeholders are discussing ways to improve functionality and effectiveness.

The Emergency Services Manager also attends the monthly Emergency Services Council meeting. This month's agenda included a review of general statistics and updates, a discussion of the transition to the new Loss of Custody Reporting system beginning January 1, 2026, and a look at forensic admissions to state hospitals that are creating bed availability challenges for civil commitments.

Additionally, the Emergency Services Team was represented at a regional Temporary Detention Order (TDO) meeting with stakeholders to discuss current challenges in the Emergency Custody Order and TDO process. Participants reviewed newly developed guidelines for prescreeners on obtaining client residence information, which will be incorporated into updated Regional Protocols, and discussed ongoing challenges at the Psychiatric Intake at Chippenham ER with representatives from Tucker Pavilion.

Substance Use and Mental Health Recovery Team:

The Substance Use and Mental Health Recovery team continues to provide Clinical and case management services to clients, Peer led community groups, Mobile Outreach supports, and AcuDetox to the community and county employees.

Our Peer Recovery Specialists facilitated community groups for recovery and continue to mentor two Region 4 Peer Interns this month. Our peer team continues to facilitate community groups in Goochland and Powhatan to support those in recovery, maintained direct peer services to 10 individuals, and continued to support outreach tabling events and GPCS and Powhatan County Staff AcuDetox session. We are continued to host additional Acu-Detox sessions this month to support GPCS and other agency staff in finding time to practice self-care during the holiday season.

Our mobile outreach team also monitored the continuation of a Compassion Cabinet in our Powhatan office to support community members and clients in accessing necessary hygiene items and we are looking forward to continuing to support the community in this capacity.

Our Substance Use clinicians continue to offer and lead clinical groups and are connecting more consumers with long-term support for their recovery. Our clinicians also conducted 37 group and individual therapy sessions for our substance use and Office Based Addiction Treatment clients.

Our Mental Health Case Management team conducted 43 case management visits and continue to provide wrap around supports to 63 consumers to ensure timely access to psychiatric, medical, and community services. Our Substance Use Case manager/Care Coordinator conducted 13 visits this month to support 1 individual 4 clients in accessing

recovery services, managing resources, and referring to appropriate supports in the community.

The SUR team learned all about ACES from our Prevention team this month and participated in a training on Resilience using the concept of Kintsugi, see some of our broken and repaired bowls:



Our team had the opportunity to engage in team building activities during our holiday celebrations! PHOTOS BELOW





Mental Health Outpatient:

MH Outpatient: 262 clients served (99 child clients, 163 adults)

SUD Outpatient: 23 clients served

SBS: 148 SBS visits

FAPT: 6 open cases we are managing

Med services: 153 med appointments

Behavioral Health & Wellness Team

On December 13, the Behavioral Health & Wellness team tabled at a recovery-focused community event honoring Nathan Boley in Powhatan. The team provided prevention and safety materials, including Lock and Talk resources, and engaged in direct conversations with community members about behavioral health supports and recovery pathways. The event was attended by approximately 50 participants and included multiple recovery partners, creating a strong, collaborative presence and positive community reception.

On December 15, the team delivered a Question, Persuade, Refer (QPR) suicide prevention training for Powhatan County Public Schools in an online format. The training reached seven participants and focused on strengthening early identification, supportive response skills, and referral pathways for students and staff.

The team conducted its first in-person Adverse Childhood Experiences (ACEs) Kintsugi training with staff at Goochland–Powhatan Community Services. The eight-person pilot

session introduced a hands-on, arts-based approach to understanding childhood trauma, resilience, and healing through the metaphor of Kintsugi. This trial session provided valuable feedback and momentum for expanding trauma-informed, experiential learning opportunities in the community. The team remained current on all required reports, documentation, and compliance-related activities while maintaining regular community engagement and training delivery.