



GOOCHLAND POWHATAN COMMUNITY SERVICES BOARD MEETING

June 2, 2025
4:30 P.M.
Pathways (Goochland)

AGENDA

- I. Minutes of the Board Meeting on May 5, 2025
Pages: 2-5
***Action: Approve or amend May 2025 minutes.**
- II. Public Comment
- III. Election of CSB Board Officers for FY26
Pages: N/A
***Action: Approve or amend election of nominated candidates**
- IV. Powhatan Building Updates
Pages: N/A
***Informational**
- V. Financial Report
 - a. FY26 3Q budget report
 - b. FY26 Budget presentation (Michael)Pages: N/A
***Informational**
- VI. Proposed BOD Meeting Schedule for FY26
Pages: N/A
***Action: Approve or amend FY26 BOD Meeting Schedule**
- VII. Reports
 - a. Board Chair
 - b. Senior Developmental Services Director
 - c. Senior Clinical Director
 - d. Senior Administrative Director
 - e. Executive Director
 - f. Other Reports***Informational**
- VIII. Adjourn

Next Meeting: August 4, 2025. Location: Powhatan (Village Building Board Room)

GOOCHLAND POWHATAN COMMUNITY SERVICES
MINUTES
May 5, 2025

Goochland Powhatan Community Services Board of Directors held its May 2025 meeting on Monday, May 5, 2025, in Pathways in Goochland.

Present

Michael Asip
James Babcock
Jackie Cahill
Parthenia Dinora
Stephen Hancock
Joyce Layne-Jordan
Sandra Leabough
Crystal Neilson-Hall
Linda Revels

Absent

Marcus Allen

Staff Attending

Toby Fritz
Carinne Kight
Lateshia Brown
Lisette Edwards
Monika Szczotka

Welcome

Jackie Cahill welcomed all attending Board members and thanked them for joining the meeting. There were no additions to the agenda.

Minutes

April 2025 meeting minutes were reviewed for approval. Two edits were noted; the meeting was facilitated by Jackie Cahill and an update to the Board nominating committee item was made.

ACTION: Motion to approve April 2025 meeting minutes as amended was made by C. Neilson-Hall, seconded by P. Dinora. Motion approved by all in attendance, none opposed. Motion carried.

Public Comment

None

Presentation

Monika Szczotka, Emergency Services Manager, presented on the Emergency Services and Access unit. She reviewed the makeup of the ES/Access team and reviewed the different services the unit is

responsible for. She further reviewed the elements of the Virginia Crisis Continuum including the Marcus alert system.

FY26 Board Membership Board Candidates

Toby reminded the Board that last month they discussed the need for a nomination committee for Board officers for fiscal year 2026. The result of that discussion was the board agreed to potential nominees and that any further nominees would be brought to this meeting. There were no additional nominees, and the slate of approved nominees is James Babcock as secretary, Crystal Neilson-Hall as vice chair, and Mike Asip as Chair.

ACTION: Motion to approve James Babcock as nominee for secretary was made by C. Neilson Hall, seconded by L. Revels. Motion approved by all in attendance, none opposed. Motion carried.

ACTION: Motion to approve Crystal Neilson-Hall as nominee for vice-chair was made by P. Dinora, seconded by L. Revels. Motion approved by all in attendance, none opposed. Motion carried.

ACTION: Motion to approve Mike Asip as nominee for chair was made by J. Cahill, seconded by C. Neilson-Hall. Motion approved by all in attendance, none opposed. Motion carried.

FY26 Board Membership Board Candidates

Toby reminded the Board that there were two vacancies on the Board as of July 1st. One Goochland vacancy because of Parthy completing her final term, and one in Powhatan because Jackie would be leaving the Board. He further explained that he recently met with a Powhatan candidate, Erin Tierney Butler. Toby reported that he thought Erin would be a good addition to the Board.

Regarding the Goochland vacancy, a second candidate applied to Goochland County for the vacancy. Toby reported that he met with her last week. She works in the intellectual and developmental disability field as an advocate for consumers and families. Toby reminded the board that last month he met with Hannah Robicheau and reported on that meeting to the Board as well, at that time they asked Toby to inform Goochland County of their recommendation of Hannah Robicheau to the seat.

At approximately 5:10 p.m., S. Leabough moved that the Board convene in a closed meeting pursuant to Virginia Code § 2.2-3711. for Discussion, consideration, or interviews of prospective candidates for employment; assignment, appointment, promotion, performance, demotion, salaries, discipline, or resignation of specific public officers, appointees, or employees of any public body. J. Layne-Joyner seconded this motion, and the Board unanimously approved it.

Reconvened in Regular Session

Whereas the Goochland-Powhatan Community Services Board of Directors convened in a closed meeting on this date pursuant to an affirmative recorded vote and in accordance with the provision of the Virginia Freedom of Information Act; and whereas § 2.2-3712.D of the Code of Virginia requires a certification by this Board that such closed meeting was conducted in conformity with the Virginia Freedom of Information Act. Now therefore, be it resolved that the Goochland Powhatan Community Services Board of Directors certifies that, to the best of each member's knowledge, only public business matters lawfully exempted from open meeting requirements under the Freedom of Information Act, and only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board.

ACTION: Motion made by S. Hancock to certify conformity of the closed meeting and to reconvene the regular session, seconded by J. Babcock. All members affirmed this.

Powhatan Building Update

Toby reported that he met with Rick this morning. Rick will have site mowed for the groundbreaking ceremony, which is scheduled for June 2nd at 1 p.m... Additionally, Rick met with Powhatan County to do the pre-construction meeting. All he is waiting for at this point is the appraisal, which is anticipated to come in the next two to four weeks.

March FY25 - Nine Month YTD Financial Report

This item has been postponed until next month.

Reports

Board Chair –

Jackie reported that she was out with a friend and was wearing the GPCS vest. She suggested that the agency look into selling GPCS branded merch, like the vest, as an avenue for fundraising.

Senior Developmental Services Director –

Jackie noted that Lateshia's title had changed, and Lateshia reported that it was updated to be more consistent with the services that fall under her role.

Lateshia reminded the Board about the Developmental Services event on May 16th. It will be held at the Landmark Center and will be 11am to 3 pm.

Senior Clinical Director –

Lisette reported that it is outreach events season. Her team is busy working at lots of different events and will be out and around.

Senior Administrative Director –

Carinne reported that the annual financial audit started for this year. The auditors come out to site two times in the year, with the first being the end of April. They reported all things were looking good.

They'll be back out at the end of August and the Board will have the final audit by November.

Carinne also let the board know that there are a full time and part-time in-home supports vacancy as well as a part time reimbursement specialist vacancy.

Executive Director –

Toby discussed that recently DBHDS announced adjustments to the STEP-VA funding formula for FY26. The adjustments will affect case management, same day access, and psychiatric rehabilitation. As of now we don't know the impact, but it will not be more than 20%. There is an expectation of further adjustments in FY27. VACSB is providing support with funding reallocation efforts and recent data requests by DBHDS.

Toby let the board know that recently he's been to three Powhatan leadership institute events and a chamber event. Toby also attended the Board of Supervisors meetings in each county. He's also made contacts with several Executive Directors at other CSBs including region 4 and other regions as well as Dr. Teigen and Powhatan County Public Schools leadership staff.

Lastly Toby updated the Board on strategic plan development. The leadership team completed two planning sessions, including a stakeholder and employee feedback review. The established areas of focus are

- Communications – marketing, events, website, social media
- Community partnership development
- Growth & business development
- Finance
- Service Delivery
- Staff Development

The meeting was adjourned at 5:28 pm.

Mike Asip, Secretary
MA/ck

Date

DEVELOPMENTAL SERVICES

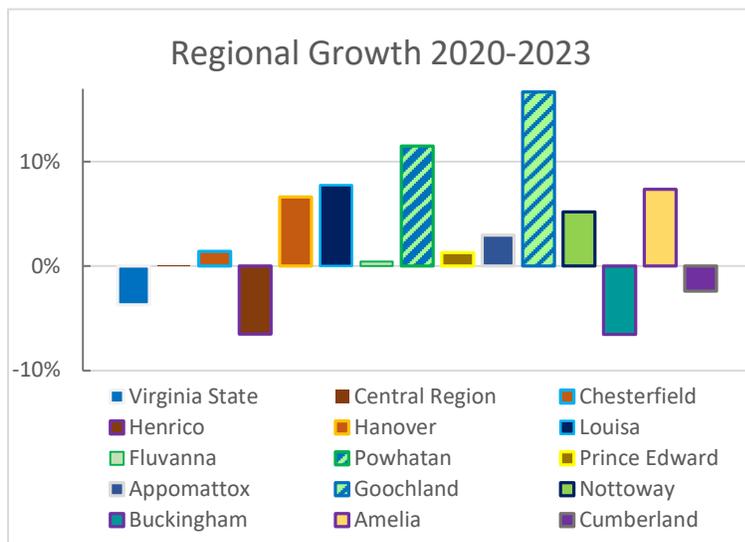
May 2025 Board Report

Parent-Infant Education Program (PIEP)

We had 10 referrals to PIEP in May, 7 children were discharged, and we served 62 families with active IFSPs (another 19 in the intake process).

On June 5th, PIEP will be hosting Thrive Birth to Five’s quarterly Coordinated Enrollment meeting so that we can combine the meetings usually held separately for Goochland and Powhatan Counties. ThriveB5 is our region’s agency of the Virginia Early Childhood Foundation and partners with “with school divisions, social and human services, quality improvement networks, ECCE programs, and other organizations involved in Virginia’s public-private early childhood system” to build “strategic and sustained focus on the healthy development and school readiness of our youngest children”.

Area	2020 Under 5 Pop.	2023 Under 5 Pop.	Growth, 2020-2023
Virginia State	504,635	485,946	-3.7%
Central Region	74,774	74,796	0.0%
G&P Combined	2,260	2,568	14.1%
Chesterfield County	21,982	22,292	1.4%
Henrico County	19,974	18,673	-6.5%
Hanover County	5,377	5,733	6.6%
Louisa County	2,013	2,169	7.7%
Fluvanna County	1,365	1,371	0.4%
Powhatan County	1,330	1,483	11.5%
Prince Edward County	1,014	1,027	1.3%
Appomattox County	985	1,014	2.9%
Goochland County	930	1,085	16.7%
Nottoway County	791	832	5.2%
Buckingham County	748	699	-6.6%
Amelia County	694	745	7.3%
Cumberland County	499	487	-2.4%



In preparation for this meeting, we received data compiled from the census bureau that focuses on children under 5 years old. While the rate of growth for this age for our region was statistically insignificant, the growth specific to Goochland and Powhatan was more than 14%, far surpassing our neighbors! Our community is literally a big part of the future of Virginia.

Submitted by Jeanine Vassar,
Program Manager, Parent-Infant Education Program

Developmental Services Support Coordination (ID/DD)

Developmental Services (DS) Support Coordinators consistently work to ensure individuals have access to essential community-based services and resources. Their responsibilities include linking, referring, and closely monitoring services, as well as safeguarding the health and safety of all individuals. This month, the waiver committee allocated two additional waivers to individuals on Priority 1, leaving three individuals as Priority 1. The DS Unit successfully participated in the Goochland Powhatan DS awareness event. The Support Coordinators and the Support Coordinator Manager engage in ongoing meetings and training throughout the month to foster professional development and enhance service delivery.

Active CM (Medicaid)	103
Active CM (Non-Medicaid)	0
Waiver Breakdown	
Community Living	58
Family & Individual	45
Building Independence	1
Active Waiver Total	103
Non-waiver Active CM	0
Total Individuals Served	103
Transfers	0
DD Waiver Wait List Numbers	
Priority 1	3
Priority 2	34
Priority 3	38
Wait List Total	75

Submitted by LaTasha Dodson,
Program Manager, Developmental Services (DS) Support Coordination

In Home Support Services

The in-home program continues to actively support 14 consumers, while recruitment efforts remain ongoing to fill positions for two new referrals. An advertisement is currently running in local newspapers and is also featured on the GPCS website to attract qualified candidates.

In-home staff continue to provide outstanding support, consistently seeking engaging and meaningful opportunities for the individuals they serve. They ensure that individuals are offered a wide range of choices and experiences both within the home and in the community. Staff remain committed to promoting skill development in key areas such as socialization and Activities of Daily Living (ADLs).

Daily support includes, but is not limited to:

- Meal preparation and baking
- Laundry (washing, drying, folding)
- Loading and unloading the dishwasher
- Vacuuming and sweeping
- Assistance with personal hygiene

In addition to in-home support, individuals have participated in a variety of enriching community outings and activities, including:

- Ashland Train Day
- Maymont Park
- Short Pump Town Center
- Bowling
- Friends for Life
- Sky Zone
- Regency Mall
- YMCA (swimming)
- Hobby Lobby
- Local libraries
- Henrico Theater (movie outings)
- Antique shops
- Grocery shopping for cooking and baking activities
- Attending baseball games

These outings contribute significantly to each individual's personal growth, social skills, and overall well-being. The in-home team continues to demonstrate dedication, creativity, and a strong commitment to person-centered care.

Submitted by: Lisa Williams,
Program Manager, In Home Support Services

Developmental Services Quality Assurance

In May, the Developmental Services Quality Assurance Coordinator provided support to the Developmental Services Teams, focusing on upholding regulatory compliance and delivering high-quality services. This included assisting with several key audits and reviews. Notably, the conclusion of both DMAS (Medicaid) and Licensing (DBHDS) reviews revealed a significant reduction in citations compared to prior audits, while the HSAG (Health Services Advisory Group) review was initiated.

Continuous collaboration with Teagan Tullos, the agency's Data Analyst, involved monitoring various data indicators to pinpoint areas for enhancement and develop targeted strategies to boost compliance. Furthermore, the Developmental Services Quality Assurance Coordinator, alongside the Developmental Services team, successfully planned and executed the agency's first-ever Developmental Services Awareness Day on May 16, 2025.

Submitted by Naomi P. Robinson,
Developmental Services Quality Assurance Coordinator

Day Support Services (ID/DD)

Monacan

Monacan Services is currently seeking a full-time Direct Support Professional (DSP) to fill a position recently vacated due to a staff resignation. Monacan Services now supports 19 consumers, with one more individual joining our program in June.



The past month has been filled with excitement and preparation for our Annual Talent Show, which took place on May 16th. What a fantastic event it was! Our consumers delivered an incredible performance featuring dancing, singing, and lots of laughter. They're already buzzing with ideas for next year's show!

Looking ahead, our consumers are excited about an upcoming June outing to see the Flying Squirrels play a baseball game.

Submitted by Maitlin Ware,
Program Manager, Monacan Services

Clinical Team Board Report April 2025

Mental Health Outpatient:

MHOP: 264 clients (Adults- 157 Child-107) April was a busier month; we completed 593 sessions that month.

SBS-40 clients served in April. School based clinicians are planning summer groups for youth including transition groups (transitioning from elementary to middle school, and from middle to high school), groups for anxiety, grief and building positive social skills.

Events: MHOP director attended a Virginia Home for Boys and Girls training on collaborative problem solving, a technique to use with kids/students. She was able to share the resources with staff and community partners at the schools.

Med services provided 152 services in April with 126 unique clients served.

Prevention:

What's the Leading Cause of Preventable Death in the U.S.?

Is it opioid overdose? Suicide? Alcohol? Car crashes? If you guessed any of those, you'd be wrong. Even when *combined*, those causes don't surpass the 480,000+ deaths the CDC attributes annually to smoking tobacco. **The Good News? We're Taking Action.**

In April, we kicked off our Counter Tools Project—a bold step toward reducing youth tobacco use and preventing future premature deaths-- led by Robin Pentecost. It was launched to reduce youth access to tobacco and gather data on how tobacco products are marketed and priced. We are auditing all 50 tobacco retailers in Goochland and Powhatan Counties. This project is expected to be complete by the end of May 2025. We provide education on Tobacco 21 laws, spotting fake IDs, and responsible retailing. If stores also sell alcohol or gambling products, we audit those as well.

Leadership Development & Strategic Planning: Travis Fellows completed Week 2 of the CADCA Mini Academy, equipping him to align multiple agencies in community-wide substance use prevention. He will be applying this training to Virginia's Problem Gambling initiative and as a core member of the Goochland County Mental Health workgroup.

Breaking Barriers, Saving Lives: Local Leadership in Action: RSAAC leadership, Julie Mclsaac (Chair) and Jordan Schellin (Secretary) organized a Fentanyl Awareness Event that drew 35 attendees and opened up life-saving conversations. We established first-ever access to public drug test strips in our area—empowering people who use drugs to make safer choices. We trained community stakeholders to reduce stigma and improve

pathways to treatment and recovery. We promoted the Sheriff's Office Drug Take Back Event—leading to record-breaking engagement on social media.

Want to Make a Difference?

We're looking for a Coalition Co-Chair to join our RSAAC leadership team! Know someone ready to lead? Contact Robin Pentecost at rpentecost@goochlandva.us

Most shared post from April: See below!



SUR Team:

The Substance Use and Mental Health Recovery team had the opportunity to engage in many community outreach events this month, while still providing peer led and clinical based treatment for our consumers. During our peer led resource share at Pathways, we learned more about Narcotics Anonymous and National Capitol Treatment and Recovery. We participated in a Community Education/Harm Reduction event for National Fentanyl Awareness Day on April 29th, with an excellent community turnout. Our clinical management team had the opportunity to tour Goochland Cares and provide them with the opportunity to tour our space and learn more about how we can partner to support individuals in Goochland.



Our Peer Recovery Specialists provided support for a variety of community outreach activities in Goochland and Powhatan, led by the Powhatan Outreach Coordinator, with positive feedback from the community.

Our Substance Use clinicians continue to lead clinical groups and are connecting more consumers with long-term support. Our clinicians also conducted 50 SUD group and individual therapy sessions.

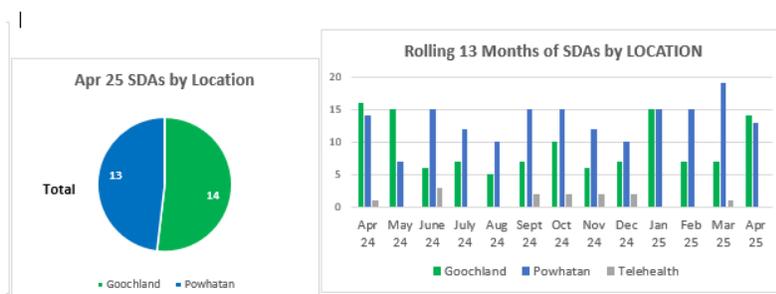
Our Mental Health Case Management team conducted 75 visits this month and continued to provide wrap around supports to consumers to ensure timely access to psychiatric, medical, and community services. We also welcomed our newest team member, Emily Li, a Substance Use Case manager, who brings her experience and knowledge of substance use to support our community members in accessing appropriate resources and treatment options and continued to maintain services with 15 individuals this month.

ES/Access Unit:

SDA: In April, 2 members of the team participated in ASAM Criteria 4th Edition Training to learn the changes in the criteria of this specific substance use assessment.

The Hospital Liaison and the ES Manager attended the Regional Hospital Liaison meeting, where current challenges with providing hospital liaison services were discussed and presented to the representative of the Department of Behavioral Health and Developmental Services.

During April, we were excited to welcome Clyde Hundley as a new employee of the Access Team.



Emergency Services: The Access Team provided 26 emergency services in April 2025. There were 7 Hospital Liaison Visits, 11 ES Phone Calls, 1 ECO Prescreen Evaluations, 1 Non-ECO Prescreen Evaluation, 4 Crisis Interventions, and 1 Prescreen Evaluations completed by RBHA after hours.

This month, the various stakeholders, including representatives from the county administration, sheriff's departments, 911 call centers, GPCS, and the Regional Marcus

Alert Coordinator, met to learn more details from our guests from Spotsylvania County who successfully implemented the Marcus Alert in their locality. After the discussion, both counties, Powhatan and Goochland, are looking into implementing protocol 1 (integration of 911 and 988) and obtaining implementation protocols 2 and 3 of the Marcus Alert legislation. In addition, we had representation at the quarterly Regional Emergency Services Partners Meeting.

In April, two Emergency Services Clinicians completed their experiential part of training at Richmond Behavioral Authority to become Certified Preadmission Screening Clinicians.

