



GOOCHLAND POWHATAN COMMUNITY SERVICES
BOARD MEETING

January 8, 2024
4:30 P.M.
Pathways (Goochland)

AGENDA

- I. Minutes of the December 4, 2023 Board Meeting
Pages:
***Action: Approve or Amend December 2023 minutes**

- II. Public Comment

- III. New Powhatan Building Update by Builder
Pages: N/A
***Informational**

- IV. Reports
 - a. Board Chair
 - b. Senior Community Support Director
 - c. Senior Clinical Director
 - d. Senior Administrative Director
 - e. Executive Director
 - f. Other Reports
***Informational**

- V. Adjourn

Next Meeting: February 5, 2024. Location: Village Building (Powhatan)

GOOCHLAND POWHATAN COMMUNITY SERVICES
MINUTES
December 4, 2023

Goochland Powhatan Community Services Board of Directors held its December 2023 meeting on Monday, December 4, 2023, at the Powhatan Offices.

Present

Marcus Allen
Michael Asip
James Babcock
Jackie Cahill
Parthenia Dinora
Stephen Hancock
Joyce Layne-Jordan
Linda Revels

Absent

Mariah Leonard
Crystal Neilson-Hall

Staff Attending

Les Saltzberg
Carinne Kight
Cheryl Smith
Irene Temple

Welcome

Les Saltzberg welcomed all attending Board members and thanked them for joining the meeting. He asked if there were any additions to the agenda. There were no additions.

Public Comment

There was no public comment.

Minutes

November 2023 meeting minutes were reviewed for approval. There were no noted errors or corrections.

ACTION: Motion to approve November 2023 meeting minutes, was made by L. Revels, seconded by J. Cahill. Motion approved by all in attendance, none opposed. Motion carried.

New Powhatan Building Update

Cheryl provided the Board with an update on the new Powhatan building. She noted that as of November they were on schedule but on November 20th they sent an email to Les and Cheryl noting there was going to be a delay. The estimate is a six week delay due to issue with septic system design. This issue caused changes to the site plan design which is being resubmitted to Powhatan County and created a delay. Les and Cheryl are meeting with the builder on December 20th to review the progress of this project. There was discussion regarding septic versus public water and sewer and options for the building. Cheryl and Les will take this back to the builder.

Financial Presentation

Cheryl provided the Board with a comprehensive review of GPCS financial and budgeting processing. Including funding streams, process, and methods of how funding is received, limitations on expenditure of state, federal, and local funding, and reserves the agency carries. The Board discussed the presentation and asked questions regarding funding outside of state, federal, and local streams.

Employee Survey

Les explained to the Board that an employee satisfaction survey was sent out to all employees for voluntary completion at the beginning of October. He reviewed the results of the survey, noting that many were very positive, which was encouraging, and the lower ranked areas were not a surprise to the leadership team. The lowest ranking area was in appreciation and recognition, and high-level communication. Leadership team is already working on ways to improve these scores, including increasing the number of manager meetings to monthly versus every other month, and developing a survey for staff to determine the appreciation and recognition activities they would prefer.

Reports

Board Chair –
No report

Senior Finance Director –
No report

Senior Community Supports Director –
No report

Senior Clinical Director –
Irene reported they are waiting on a background check for the potential substance use disorder case manager candidate. A new mental health clinician will start on December 18th. Goochland schools completed the grant application for schools’ mental health, and Powhatan schools is expected to submit theirs on Thursday. There was a very short turnaround time on the grant applications, 10 days.

GPCS Senior Administrative Director –
Carinne reported that the current openings are a full-time Monacan services staff and the Pathways support staff positions.

Executive Director -
Les noted that the upcoming VACSB is in Richmond on January 16th and 17th. If any board members are interested in attending to let either himself or Carinne know.

The meeting was adjourned at 5:32 pm.

The next meeting date is January 8, 2024, at Pathways.

Crystal Neilson-Hall, Secretary
CNH/ck

Date

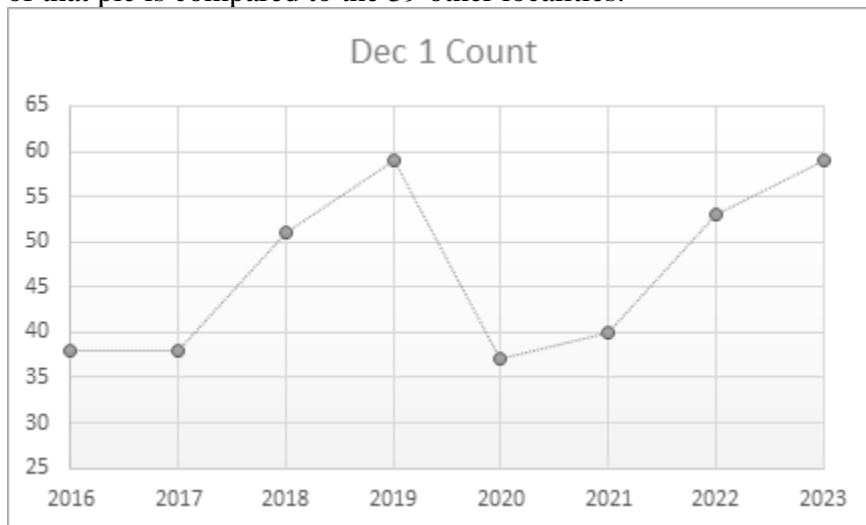
COMMUNITY SUPPORT SERVICES

January 2024 Board Report

Parent-Infant Education Program (PIEP)

We had 3 referrals to PIEP in December, 10 children were discharged, and we served 62 families with active IFSPs (with another 12 families in the intake process).

December 1st is the most important day of the year for PIEP – it's bigger than the calendar New Year and fiscal New Year put together! The number of children in our program with active treatment plans on December 1st decides our funding from the state for the entire following year. Essentially, Virginia's Early Intervention system is granted a certain amount of funding from the state and federal government, and our census on this one day decides how big our slice of that pie is compared to the 39 other localities.



This year, our Dec 1 count is 59, finally back to the heights we were reaching before March of 2020. For reference, here's a graph of our December 1 counts going back to when our census first started rapidly increasing.

Submitted by Jeanine Vassar, PIEP Program Manager

In Home Support Services (ID/DD)

We are currently serving 12 consumers in our IHSS program. Direct Support Professionals (DSPs) supported consumers in their homes and communities by utilizing a person-centered approach. Consumers participated in various community activities throughout the month.

We have continued the recruitment process for Direct Support Professionals (DSPs). Visit gpcsb.org for more information.

Developmental Services Support Coordination (ID/DD)

Developmental Services Support Coordinators continue to work diligently to ensure all individuals have the services and resources they need. The Support Coordinators and Support Coordinator Manager participate in the several monthly and quarterly meetings along with attending an Emotional Health and Planning workshop.

Submitted by LaTasha Dodson,
Developmental Services (DS) Support
Coordination Manager

Active CM (Medicaid)	100
Active CM (Non-Medicaid)	1
Waiver Breakdown	
Community Living	63
Family & Individual	37
Building Independence	1
Active Waiver Total	101
Non-waiver Active CM	1
Total Individuals Served	102
Contracted CM Services	7
Transfers	0
DD Waiver Wait List Numbers	
Priority 1	9
Priority 2	29
Priority 3	34
Wait List Total	72

Day Support Services (ID/DD)

Monacan



Monacan Services will have a new consumer starting in January and a few of the current consumers will be adding additional days. Monacan Services supports 21 consumers (20 individuals with DD waivers and one non-waiver). December is always full of fun holiday activities. Consumers made wreaths this year as their big craft to take home, they enjoyed this activity. The consumers were asked to help decorate the Powhatan County Christmas Tree in the Village again this year. The consumers made bird-friendly ornaments, and pinecones with birdseed on them. The consumers always enjoy making the ornaments, but their favorite part is taking the ornaments to the Christmas tree to add. We held our Holiday party before Christmas, with plenty of sugary goodies shared. With the Holidays over, many are looking forward to some snow hopefully coming in the New Year.

Submitted by Maitlin Ware, Monacan Services Program Manager

Community Support Services

Psychiatric Rehabilitation Services (MH)

Pathways

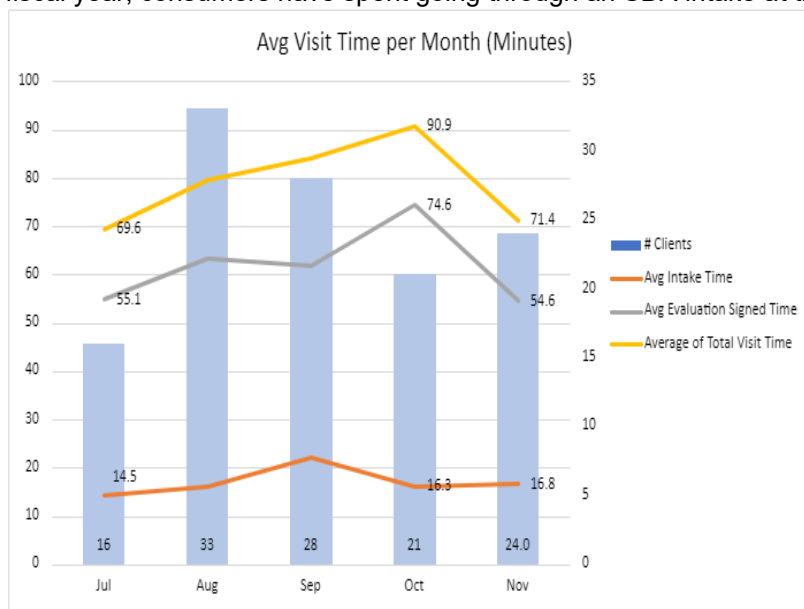
At Pathways this month, we began offering bi-weekly evening activities to include 2 virtual groups on Tuesdays as well as in person evening programming. Evening hours were held in addition to day offerings. Clients had their annual Holiday Gift Exchange and were excited to exchange goodies with each other, Secret Santa style. We had several outings to various shops to help clients find the perfect items for their friends and family. We held weekly “Spirit Weeks” to help celebrate the season, some to include Jingle Bell week, Wear Holiday Sweater week, etc. Groups held focused on Finding Balance during the Holidays, Managing Stress, Tai Chi, and Setting Intentions for the coming year. We had 1 referral this month and 1 new client start program. We have 17 members.

Submitted by Jess Childress, Pathways Program Manager

MH Case Management

In **December 2023**, The Mental Health Case Management Unit was staffed with 2 case managers, a SUD Peer Support Specialist, Mental Health Recovery Coach and a Program Manager. For the month of December, 67 Mental Health Case Management consumers were served, 3 SUD Case Management Consumers were served, and 91 Medication Management visits occurred. Case Managers continued to follow up with community referrals and targeted case management services were provided with more visits being conducted in the community with consumers. MHCM program manager and nursing staff have been meeting weekly to ensure all consumers that receive medication management only consumers are remaining active with prescribers and have maintained stability to maintain eligibility to receive only med services. The Mental Health Case Management team will be surveying program consumers to determine the level of interest in potential workshops, groups, or classes in a variety of topic areas including employment, nutrition, maintaining healthy relationships, and mediation. A job offer was extended and accepted to fill the open SUD Care Coordinator position; projected start date is January 2, 2024.

SDA: The ACCESS team along with Admin Team have been working on understanding our current strengths and weakness when it comes to our Same Day Access process. We know that the average time this fiscal year, consumers have spent going through an SDA intake at this agency is around 79.7



minutes. During this fiscal year we've also been able to provide consumers with appointments within 10 days 98% of the time once they've completed the SDA. In the month of November, we completed 26 SDA's.

Month/Yr	Aug 22	Sept 22	Oct 22	Nov 22	Dec 22	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	July 23	Aug 23	Sept 23
GPCS %	85.7%	89.5%	90.5%	100.0%	100.0%	100.0%	84.4%	100.0%	82.6%	78.3%	100.0%	100%	95.7%	100%
n=	18	17	19	23	13	21	27	35	19	18	19	16	45	25
rolling 12 mo avg	89.7%	89.6%	89.1%	89.1%	90.9%	91.0%	90.0%	91.7%	90.6%	89.8%	89.9%	92.1%	93%	0%

Emergency Services: ES saw a total of 42 crisis visits for the month. For the 19 Crisis interventions we served for the month only six were referred to a higher level of care (Emergency Room).

	Nov 22	Dec 22	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	July 23	Aug 23	Sept 23	Oct 23	Nov 23
Total Crisis	46	35	64	43	53	42	52	59	34	60	60	56	42
Location	Nov 22	Dec 22	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	July 23	Aug 23	Sept 23	Oct 23	Nov 23
Goochland	14	11	26	22	16	21	34	38	29	49	45	37	28
Powhatan	11	9	19	12	24	20	15	20	4	7	12	17	11
Telehealth	6	7	6	9	13	1	3	1	1	4	3	2	3

MHOP

Active Consumers served: MHOP 290, SUDOP 30, SBS 50

William Hale, LCSW has officially started, his office will be located in Powhatan, and he will be working with MHOP and SUDOP consumers!

Powhatan and Goochland schools both submitted grant proposals to DBHDS for expanding services in the schools with our partnership. We are currently waiting to hear back from DBHDS regarding grant award recipients.

Starting January 1st, we have extended our hours and now have two late nights at each location. Monday and Thursday the Powhatan building is open until 7pm and Tuesday and Wednesday the Goochland building is open until 7pm to better serve our clients.

SUD program revamp! Jordan Roman has become the new SUD lead clinician and is going to be starting new SUD groups. A 4-week psychoeducation intro group Addiction 101 and an 8-week group, Recovery Maintenance. The SUDOP team will be working closely with the new SUD Case manager to streamline and improve service access and improve referral process when additional services outside of GPCSB are needed.

Grandparents group is back on following a Holiday break during December- we have had a good turnout and families have expressed appreciating the education and connection the group brings.



THE DANGEROUS TRUTH ABOUT TODAY'S MARIJUANA



A FREE live VIRTUAL event for parents and caregivers of adolescents and teenagers in the Greater Richmond area.

Laura Stack's 19-year-old son, Johnny, died by suicide on November 20, 2019, after becoming psychotic from dabbing high-THC marijuana concentrates.

Soon afterward, Laura started a 501c3, Johnny's Ambassadors, to educate parents, teens, and communities about the dangers of today's high THC marijuana on adolescent brain development, mental illness, and suicide.

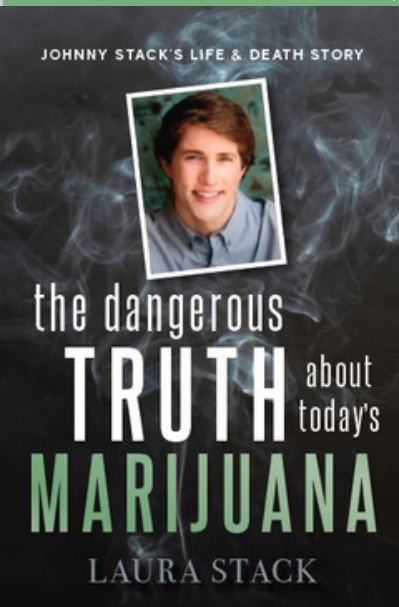
In this session, Laura will share the story of Johnny's marijuana addiction from a parent's point of view, a poignant chronicle of the shocking descent from innocence to eventual suicide.



Laura Stack

Founder and CEO of Johnny's Ambassadors

MONDAY, MARCH 4th at 7:00 to 8:30 p.m.



First 50 people to register get a FREE copy of Laura's book!



REGISTER BY SCANNING THE QR CODE OR VISITING <http://tinyurl.com/nk3wtc8v>



LA PELIGROSA VERDAD ACERCA DE LA MARIHUANA DE HOY



Un evento VIRTUAL en vivo GRATIS para padres y cuidadores de adolescentes y jóvenes en el área metropolitana de Richmond.

Johnny, el hijo de 19 años de Laura Stack, murió por suicidio el 20 de noviembre de 2019, luego de convertirse psicótico por consumir marihuana con alto contenido de THC concentrados.

Poco después, Laura inició un 501c3, Johnny's Ambassadors, para educar a padres, adolescentes y comunidades sobre los peligros de la marihuana actual con alto contenido de THC para el desarrollo cerebral, las enfermedades mentales y el suicidio de los adolescentes.

En esta sesión, Laura compartirá la historia de la adicción a la marihuana de Johnny por parte de sus padres punto de vista, una crónica conmovedora del impactante descenso de la inocencia al eventual suicidio.



Laura Stack

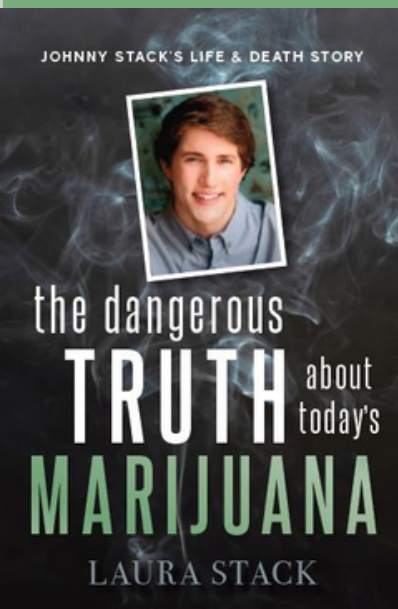
Fundador y director ejecutivo de Los embajadores de Johnny

LUNES 4 DE MARZO de 7:00pm a 8:30pm

¡Las primeras 50 personas que se registren recibirán una copia GRATIS del libro de Laura!



REGÍSTRESE ESCANEANDO EL CÓDIGO QR O VISITANDO <http://tinyurl.com/nk3wtc8v>



MONTHLY VEHICLE UTILIZATION AND EXPENSE REPORT (FY-24)

MONTH OF Nov-23

VEHICLE	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van
Program	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Monacan	Monacan	Monacan	Monacan
Auto ID (last four VIN)	2236	2508	2450	0089	7202	6021	3364	3044	0908	8586	8578	5388	3695
Pate #	145-507L	176-819L	37-534L	117-954L	167-233L	197-521	167-212L	161-538L	106-432L	144-819L	144-820L	118-010L	116-907L
MILEAGE	185,617	195,872	263,035	193,486	227,610	99,990	277,100	95,211	153,334	56,246	56,093	110,381	159,967
MILES DRIVEN	878	0	0	1,607	1,145	1,890	885	597	0	276	169	0	469

VEHICLE	Van	Car	Car	Van	Van	Car	Car	Car	Car	Car	Car	Car	Car
Program	Monacan	Monacan	Monacan	Pathways	Pathways	Pathways	Pathways	MH CM	MH CM	MH CM	ID CM	ID CM	ID CM
Auto ID (last four VIN)	6691	4489	1369	0967	8280	0831	0654	9585	1990	0502	0090	9825	9824
Pate #	205-951	197-518L	106-442L	118-003L	244-512L	244-506L	156-857L	106-406L	140-018L	244-507L	47-572L	167-221L	167-220L
MILEAGE	12,749	64,094	109,471	111,077	1,335	1,432	177,969	109,466	127,388	1,944	122,742	59,790	99,563
MILES DRIVEN	339	436	70	0	295	460	1	398	1640	414	351	0	0

VEHICLE	Car	Car	Car	Car
Program	IHSS	PIEP	PIEP	PIEP
Auto ID (last four VIN)	6635	2890	2281	8729
Pate #	146-867L	167-222L	39-337L	239-195
MILEAGE	67,890	61,232	112,367	4,293
MILES DRIVEN	0	262	1,608	158

TOTAL MILEAGE & PROGRAM UTILIZATION

TOTAL # MILES DRIVEN
 Operations (Transportation)
 Monacan Services & Va. House
 Parent Infant Education Program, ID/MH Services, Residential Services,
 In Home Support services

TOTAL MONTH	14,348	TOTAL YTD	165,834
	<u>7,002</u>		<u>110,052</u>
	<u>2,515</u>		<u>20,699</u>
	<u>4,831</u>		<u>35,083</u>

GASOLINE FOR:

NUMBER OF GALLONS PURCHASED
 COST OF GASOLINE PURCHASED

936.23	5,578
<u>\$2,277.24</u>	<u>\$14,253</u>

** Gas reported Goochland and Quarles Nov 2023

REPAIRS & MAINTENANCE

COST OF REPAIRS & MAINTENANCE

<u>\$178.17</u>	<u>\$8,714</u>
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DRIVERS HOURS & SALARIES

NUMBER OF HOURS DRIVERS WORKED
 DRIVERS SALARIES

414.25	2,372
<u>\$7,978.47</u>	<u>\$44,385</u>