

Goochland Powhatan
COMMUNITY SERVICES
Connect. Grow. Thrive.



P. O. BOX 189
GOOCHLAND,
VIRGINIA 23063

EXECUTIVE DIRECTOR
Les Saltzberg, Ph.D., LCP
(804) 556-5400

Mental Health Services
Developmental Disability Services
Substance Use Disorder Services

3058 River Road West
Goochland, VA 23063
(804) 556-5400
Fax (804) 556-5403

3910 Old Buckingham Road
Powhatan, VA 23139
(804) 598-2200
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MEMORANDUM

TO: Members of the Goochland Powhatan Community Services Board

FROM: Parthy Dinora, Chair *PD for PD*

SUBJECT: Notification of Board Meeting

DATE: September 12, 2022

The Goochland Powhatan Community Services Board will meet on Monday, September 12, 2022. The meeting will begin at 4:30 p.m. at the Goochland CSB Board Room. For those who cannot attend in person, please use the Zoom link below:

Join Zoom Meeting

<https://us06web.zoom.us/j/4567076416?pwd=T2ZYOEISZHZaUWowUmVMUIZ6RGpQQT09>

Meeting ID: 456 707 6416

Passcode: Gpcs2022

One tap mobile

+19292056099,,4567076416# US (New York)

+13017158592,,4567076416# US (Washington DC)

Dial by your location

833 548 0276 US Toll-free

833 548 0282 US Toll-free

877 853 5257 US Toll-free

888 475 4499 US Toll-free

Meeting ID: 456 707 6416

Find your local number: <https://us06web.zoom.us/j/4567076416?pwd=T2ZYOEISZHZaUWowUmVMUIZ6RGpQQT09>

You will find attached the following documents for the September Board Packet:

1. September 12, 2022 Agenda
2. Minutes from the August 1, 2022 Meeting
3. FY2022 Year-end Budget Report
4. ADA Plan Update
5. Unit Reports

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Please review these materials prior to the meeting. We look forward to seeing you on the 1st.

*****If you find that you are unable to attend a Board meeting, please let us know as soon as possible. This will let us assess whether we will have a quorum or not and reschedule if necessary. Les Saltzberg can be reached on his cell phone at 804-807-4335 (voice mail and text), or via email lsaltzberg@goochlandva.us.



GOOCHLAND POWHATAN COMMUNITY SERVICES
BOARD MEETING

September 12, 2022
4:30 P.M.
Goochland CSB Board Room

AGENDA

- I. Minutes of the August 1, 2022 Board Meeting
Pages: 1 - 4
***Action: Approve or amend August 2022 minutes.**
- II. Public Comment
- III. PIEP Program Presentation
- IV. FY2022 Year-end Budget Report
Pages: 5
***Action: Approve or Amend FY2022 Year-end Budget**
- V. ADA Plan Update
Pages: 6
***Informational**
- VI. Powhatan Space Workgroup Update
Pages: N/A
***Informational**
- VII. Cedarwoods
Pages: N/A
***Informational**
- VIII. Reports
 - a. Board Chair
 - b. Senior Community Support Director
 - c. Senior Clinical Director
 - d. Senior Administrative Director
 - e. Executive Director
 - f. Other ReportsPages NA
***Informational**
- IX. Adjourn

Next Meeting: October 3, 2022, 4:30 p.m. Location: Goochland CSB Board Room.

GOOCHLAND POWHATAN COMMUNITY SERVICES

MINUTES

August 1, 2022

Goochland Powhatan Community Services Board of Directors held its August 2022 meeting on Monday, August 1, 2022, at Virginia House.

Present

Michael Asip
Jackie Cahill
Parthenia Dinora
Joyce Layne-Jordan
Mariah Leonard
Crystal Neilson-Hall
Renee Sottong

Absent

James Babcock
Stephen Hancock

Staff Attending

Les Saltzberg
Lateshia Brown
Carinne Kight
Cheryl Smith
Irene Temple

Welcome

Les Saltzberg welcomed all attending Board members and thanked them for joining the meeting. He asked if there were any additions to the agenda. There were no additions, and the meeting was brought to order.

Minutes

June 2022 meeting minutes were reviewed for approval. There were no noted errors or corrections.

ACTION: Motion to approve June 2022 meeting minutes, was made by J. Cahill, seconded by C. Neilson-Hall. Motion carried by all, and May 2022 minutes were approved.

New Board Member Introduction and Orientation Options

Les asked all Board members and GPCS staff to introduce themselves as there are many new members. Following introductions Les explained he will be reaching out to all new members and coming up with some dates and times that will work for an orientation. Ideally, they'd be completed over the next month.

FY2022 May Budget Report

Cheryl Smith, Finance Director, provided the May 2022 Budget Report to the Board. Of note, GPCS is still just under budget for expenses and over budget for revenues. Fees received have been over 100% of what was budgeted. There was discussion about any surplus at the end of the year. Cheryl explained that in general federal funds that are not expended by deadline will go back to federal government, but all other funds go to bank.

ACTION: Motion to approve FY 2022 May Budget Report as presented, was made by C. Neilson-Hall seconded by M. Asip. Motion carried by all, and FY 2022 May budget report was approved.

FY2023 Budget-Updated

Les reminded the Board that a preliminary budget was brought to them last month based off the estimated state budget. The Board approved the budget and Les let them know he'd bring a final budget once the state completed a final approval of funds. He presented them with the final budget. He explained that the budget presented last month was only slightly off from the final budget he is giving them today.

Consumer Satisfaction Results/Client Statistics

Les Explained that leadership team came up with modified consumer satisfaction survey to be distributed over all services. This survey is based on what has been used before in some programs and was modified to meet the program communication needs. These were distributed for a 2-week trial run, given to consumers face to face, and satisfaction was measured as scoring a 4 or 5 on survey. Initial results were pretty good. Some program scoring was impacted based on how few were received. The Board had discussion around developmental services responses and how to survey these populations more effectively in the future. Les also reviewed the numbers of consumers serviced over the past year. Of note, children served in mental health programs has increased by 117% over the past fiscal year, and by 300% over the past two fiscal years.

Reports

Senior Community Supports Directory –

Lateshia reported that community supports has been operating as normal. The units have been working through limitations regarding resources and audits. Recently Lateshia worked with a committee to create a proposal to develop self-advocacy program for those with ID/DD. The self-advocacy group would give consumers the opportunity to learn about their rights and spread knowledge about their rights. They would be able to build their own self advocacy through purchased training and using the consultants. Ultimately, the goal is to have a self-advocacy group that would meet regularly.

Senior Clinical Director –

Irene reported that clinical services is working on getting fully staffed. Currently the vacancies that are still open are the SUD clinician, and clinical director for outpatient. A new MH case management supervisor started today, and our new RN started in July. Caseloads are manageable and have capacity to take on cases. There is a plan to visit a current peer run center at another CSB in the next month to see if model could be transferred over to GPCS

Senior Administrative Director –

Carinne reported that Powhatan County is in the process of replacing the HVAC and doing a roof upgrade in the building GPCS uses. Unfortunately, in this process they have realized the roof needs much more work than they initially thought, and they must completely remove the existing roof to build a new one from scratch. They had initially planned on starting the project the last spring however the contractor fell through so the project got pushed. They are now back out to bid for the project and don't

have a confirmed start date. They are expecting it to start shortly after the November election date and will communicate timelines as soon as possible. As of now, they are anticipating the roof and HVAC replacement will take a minimum of 12 weeks though likely to be up to six months. During that time the building will need to be vacated fully. Powhatan administration is working to find a location for Monacan services as well as a small clinic office for GPCS to use during the renovations. As a hiring update, there are still currently four openings advertised, SUD clinician, MH outpatient director, developmental services case manager, and business systems analyst.

Executive Director -

Les reported that this week that the governor will be appointing new chief deputy administrator, Ellen Harrison. She is currently executive director at Harrisonburg-Rockingham CSB.

Les informed the Board that the agency 501c (Cedarwoods fundraising) has a house as part of the 501c. Unfortunately, the house has gotten away from being house for consumers with developmental disabilities and currently it is being renting to 3 consumers who are all moving out. Leadership consulted with a lawyer about possibly selling the house and what would have to be done with any funds from the sale. There are a few options, first is to put the money into 501c as it exists now. Second is to give any funds to another 501c. The third option is to reconfigure the current 501c to incorporate other services. Les explained the Board will need to discuss these options and the 501c in upcoming meetings.

At approximately 5:48, J. Cahill proposed that the Board convene in a closed meeting pursuant to Virginia Code §2.1-3711 for briefings by staff members pertaining to actual or probable litigation, where such consultation or briefing in open meeting would adversely affect the negotiating or litigating posture of the public body. C. Neilson-Hall seconded this motion, and the Board unanimously approved it.

Reconvened in Regular Session

Whereas the Goochland-Powhatan Community Services Board of Directors convened in a closed meeting on this date pursuant to an affirmative recorded vote and in accordance with the provision of the Virginia Freedom of Information Act; and whereas §2.1-344.1 of the Code of Virginia requires a certification by this Board that such closed meeting was conducted in conformity with the Virginia Freedom of Information Act. Now therefore, be it resolved that the Goochland-Powhatan Community Services Board of Directors certifies that, to the best of each member's knowledge, only public business matters lawfully exempted from open meeting requirements under the Freedom of Information Act, and only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board.

ACTION: Motion made by R. Sottong to certify conformity of closed meeting and to reconvene regular session, seconded by J. Cahill. All members affirmed this.

ACTION: Motion made by R. Sottong to accept and sign agreement outlined in closed session as proposed. Motion was seconded by J. Cahill. Motion carried by all.

Meeting was adjourned at 6:09 pm.

The next meeting is September 12, 2022, in the Powhatan Offices.

Crystal Neilson-Hall, Secretary
CNH/ck

Date

GOOCHLAND POWHATAN COMMUNITY SERVICES
ALL PROGRAMS COMBINED
BUDGET REPORT
FY 2022

Account Description	FY 2021 Actual	FY 2022 Approved	Through 6/30/2022	% Expended	Over/(Under)	Note #
EXPENSE						
PERSONNEL						
Total Salaries and Wages	\$3,146,426	\$3,889,694	\$3,634,930	93%	(\$254,764)	
Total Fringe	\$859,263	\$962,052	\$965,097	100%	\$3,046	
Total Personnel Services	\$4,005,689	\$4,851,746	\$4,600,027	95%	(\$251,718)	
OPERATIONS						
Total Staff Development	\$29,768	\$29,294	\$21,437	73%	(\$7,856)	1
Total Facility Expense	\$187,645	\$195,133	\$189,724	97%	(\$5,409)	
Total Supplies	\$129,093	\$144,110	\$175,823	122%	\$31,713	
Total Travel Expense	\$71,637	\$105,590	\$101,302	96%	(\$4,288)	
Total Consult/Prof Servs	\$505,798	\$418,815	\$329,070	79%	(\$89,745)	
Total Special Funding			\$233,665			2
Total Misc Expense	\$125,062	\$57,514	\$138,687	241%	\$81,173	3
Total Operations	\$1,049,004	\$950,456	\$1,189,708	125%	\$239,252	
TOTAL EXPENDED	\$5,054,693	\$5,802,201	\$5,789,735	100%	(\$12,466)	
INCOME						
State Income - MH	\$1,686,019	\$1,927,408	\$2,053,350	107%	\$125,942	
State Income - DD/ID	\$397,648	\$397,517	\$397,517	100%	\$0	
State Income - SUD	\$468,162	\$476,643	\$476,640	100%	(\$3)	
Federal Income	\$595,872	\$380,872	\$883,737	232%	\$502,865	4
Goochland County	\$298,630	\$298,630	\$298,630	100%	\$0	
Powhatan County	\$298,630	\$298,630	\$298,630	100%	\$0	
Fees:					\$0	
Medicaid SPO	\$943,059	\$763,760	\$1,039,910	136%	\$276,150	5
Medicaid Waiver	\$414,563	\$517,100	\$475,624	92%	(\$41,476)	5
Medicaid Transport	\$19,682	\$30,000	\$23,025	77%	(\$6,975)	5
Schools	\$0	\$0	\$0	0%	\$0	
Direct & Third Party	\$244,298	\$310,366	\$270,952	87%	(\$39,414)	5
Work Contracts	\$0	\$0	\$0	0%	\$0	
Program Activities	\$3,929	\$0	\$5,219	0%	\$5,219	
PIEP Part C	\$198,742	\$166,489	\$185,364	111%	\$18,875	6
Reinvestment	\$162,640	\$177,425	\$177,425	100%	\$0	
Restricted-Grant	\$0	\$0	\$0	0%	\$0	
Reserves	\$0	\$0	\$0	0%	\$0	
Miscellaneous	\$191,906	\$57,362	\$55,131	96%	(\$2,231)	
Interest and Other	\$0	\$0	\$0	0%	\$0	
TOTAL INCOME	\$5,923,780	\$5,802,201	\$6,641,153	114%	\$838,952	
BALANCE	\$869,087	\$0	\$851,418			

Notes:

- 1 - Still feeling the effects of COVID - some conferences have still been virtual so cheaper, in general
- 2 - \$10K Annual Program License for 5 Bridges to Wellness, \$10.5K for Beth Macy, speaker at RSAAC's 8/21 Event, \$40K to Pinnacle for RSAAC 2021 Media, \$4K Locking Medicine Pouches, SOR Recovery \$16K, SARPOS \$8K \$2K Valpak, \$13K CADCA Expenses (we will get some of this back since most folks are now not going) \$5K True Recovery, \$7K EffectTV Ads, \$60K for two 6 month contracts with Emergency Services Solutions for the ROOT Program, \$12K for 67 teachers to do Virtual Trauma Sensitive Schools Workshop, \$11K to VCU for conducting a regional Environmental Scan and Community Assessment for problem gambling prevention and marijuana use
- 3 - \$102K spent on Job Advertisements - \$15K new in June
- 4 - We received \$158K OT SUD FBG Prevention Funds, \$62K OT SUD FBG Alcohol/Drug Treatment Funds, \$10K for Marijuana Campaign, \$105K SOR Y4 Prevention OT Funds, \$12,560 OT Recovery Funds, \$72K SOR Y4 Recovery OT, and \$8K OT Treatment
- 5 - Some of the fees are up versus Budget and some down, but overall, fees are over Budget by \$188K
- 6 - Received \$18,875 in ARPA Funds

Annual Expenses paid in June - Workman's Comp \$31K, Liability Insurance \$16K, Auto Insurance \$15K, Virginia Liability Risk and Malpractice \$9K - Total of \$71K

Overall, a good year - a tad below Budget for Expenses and 14% over for Revenue

DOJ ADA Agreement Update

Within 30 days of the effective date of the Agreement:

- ✓ Designate an ADA Deputy Coordinator (Allison Meyer).
- ✓ Seek approval of the ADA Coordinator and Deputy Coordinator (Naomi Robinson) by US Attorney's Office.
- ✓ Hire an independent agency or group to conduct initial trainings. *May videotape training for subsequent trainings. (Mid-Atlantic ADA Center, Ann Deschamps, Ed.D., Director).
- ✓ Seek USAO approval on trainer and training materials.
- ✓ Train the ADA Coordinators.
- ✓ Circulate and post above names/contact info w/in GPCS.
- ✓ Post signs about auxiliary aids and services available to deaf/hard of hearing individuals.
- ✓ Post policy statement on front page of website.
- ✓ Update ADA Consumer Notice.
- ✓ Include the ADA Grievance Procedure (updated) in the Orientation Packet.
- ✓ Update any Policies and Procedures (ADA Plan including Grievance Procedure) and send to USAO for approval.
- ✓ Publish Policy Statement to staff.
- ✓ Develop a Communication Assessment Form and send to USAO for approval.
- ✓ Have written agreements with 3 or more interpreter services for 24/7/365 priority coverage.
 - CLI (VRI)
 - Purple (VRI and in person).
 - The Interpreter Services Program through Virginia Dept of Deaf and Hard of Hearing.
<https://www.vddhh.org/interpreters.htm>
- ✓ Provide ADA training to new employees **w/in 30 days of hire**. (Current policy is within 15 days of hire.)

Within 60 days:

- ✓ Provide the first mandatory training to all GPCS staff. **Scheduled for 9/30/22 at 9:30-11a virtually.**

DBHDS Objectives and Key Results: 2022 - 2025

2025 Ambition: Transform Virginia's Behavioral Health and Developmental Disability systems of care to comprehensive continuum of care focused on integrated and accessible community services



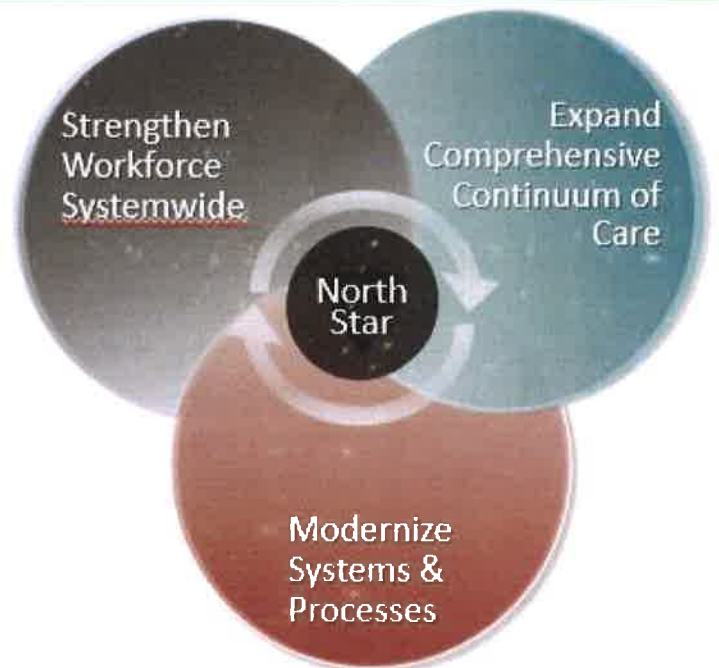
Nelson Smith, Commissioner
Virginia Department of
Behavioral Health and
Developmental Services

08.30.2022

North Star Objectives by December 2025

Domains

1. Develop a robust, strong, well-trained, and sustainable workforce.
2. Increase access, grow capacity, and ensure quality of care in the most integrated setting across a comprehensive continuum of care for individuals with mental health disorders, substance use disorders, and developmental disabilities.
3. Modernize Systems and processes that leverage best practices to drive and sustain high-quality service outcomes.



Strengthening Workforce

Domain 1: Develop a robust, strong, well-trained, and sustainable workforce

Objective 1: Increase recruitment and retention across the system of care to broaden and galvanize a BH/DD Workforce that delivers exceptional public health services. Key results:

- ✓ A: Increase retention of new hires after one year from 20% to 50% by December 2023
- ✓ B: Reduce average vacancy rate of clinical service positions across the system to less than 20% by December 2023
- ✓ C: Reduce annual turnover across the system to less than 20% by June 2024
- ✓ D: By July 2023, pass legislation to reduce the number of barrier crimes preventing an otherwise qualified individual from being employed in a care position. Among the benefits in multiple employment categories, this will increase the number of available qualified Peer Recovery Specialists to better meet demand within the public, private, and non-profit sectors with a goal of 10% increase by December 2023, and additional 5% each year thereafter.

Strengthening Workforce

Domain 1: Develop a robust, strong, well-trained, and sustainable workforce

Objective 2: Achieve sustainability of BH/DD workforce by aligning all stakeholders to optimize regulatory, licensing, and service delivery requirements. Key results:



A: Align, de-conflict, and simplify regulatory and licensure process/requirements to reduce reporting requirements on providers by 20% by July 2024



B: Streamline process for high priority/High need services and providers to be licensed within 3 months of application by December 2022 and 30 days by 2025



C: Decrease the average days from application to issuance of license for behavioral health and primary care physicians by 25%



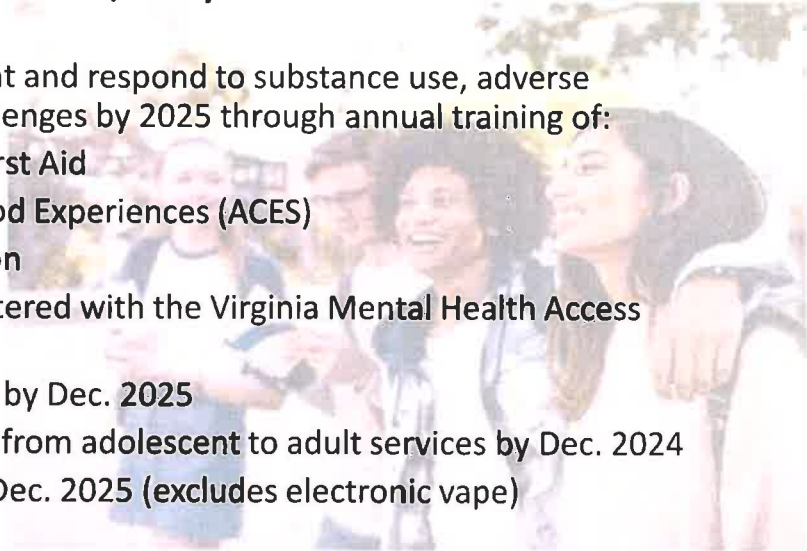
Expanding the Continuum of Care (CoC)

Domain 2: Increase access, grow capacity, and ensure quality of care in the most integrated setting across a comprehensive continuum of care for individuals with mental health disorders, substance use disorders, and developmental disabilities.

Objective 3: Increase prevention, early intervention, and youth behavioral health services.

Key results:

- ✓ A: Increase community capacity to prevent and respond to substance use, adverse childhood events, and mental health challenges by 2025 through annual training of:
 - 3,500 individuals in Mental Health First Aid
 - 3,600 individuals in Adverse Childhood Experiences (ACES)
 - 1,500 individuals in Suicide Prevention
- ✓ B: Increase the number of providers registered with the Virginia Mental Health Access Program by 10% by Dec. 2023
- ✓ C: Decrease opioid related deaths by 20% by Dec. 2025
- ✓ D: Reduce lapses in care during transition from adolescent to adult services by Dec. 2024
- ✓ E: Reduce teen substance use by 10% by Dec. 2025 (excludes electronic vape)

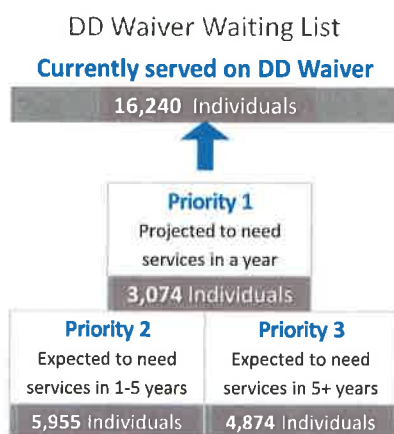


Expanding the Continuum of Care (CoC)

Domain 2: Increase access, grow capacity, and ensure quality of care in the most integrated setting across a comprehensive continuum of care for individuals with mental health disorders, substance use disorders, and developmental disabilities.

Objective 4: Increase number and utilization of integrated settings and supports across populations to improve system accessibility. Key results:

- ✓ A: Implement BH Redesign CoC by Dec. 2025 with universal and equitable access: identify additional gaps in service in the CoC by July 2023, and implement phase 2 of CoC by July 2024
- ✓ B: Expand BH private bed capacity through at least 5 public/private partnerships by Dec. 2024
- ✓ C: Eliminate Priority 1 waiver waitlist by June 2024
- ✓ D: Complete geographic gap analysis of provider availability by July 2023 and improve provider and service access in underserved areas by June 2025
- ✓ E: Within each of the next 3 fiscal years, 10% of adults in the DOJ settlement agreement population live in independent housing
- ✓ F: Meet 60% of the permanent supportive housing need for the seriously mentally ill population



Expanding the Continuum of Care (CoC)

Domain 2: Increase access, grow capacity, and ensure quality of care in the most integrated setting across a comprehensive continuum of care for individuals with mental health disorders, substance use disorders, and developmental disabilities.

Objective 5: Measure and Monitor Quality of Service Outcomes across the care continuum and improve quality indicators for all populations. Key results:

- ✓ A: Design and implement Behavioral Health Quality Management System, including necessary committees and councils related to health, safety, and wellbeing; integrated settings; and provider competency and capacity by July 2023
- ✓ B: Optimize the DD Quality Management System and Platform by Dec. 2023 to ensure and sustain quality outcomes
- ✓ C: Increase the number of DOJ settlement agreement indicators having achieved sustained compliance
- ✓ D: Increase employment for adults on the DD waiver and waitlist



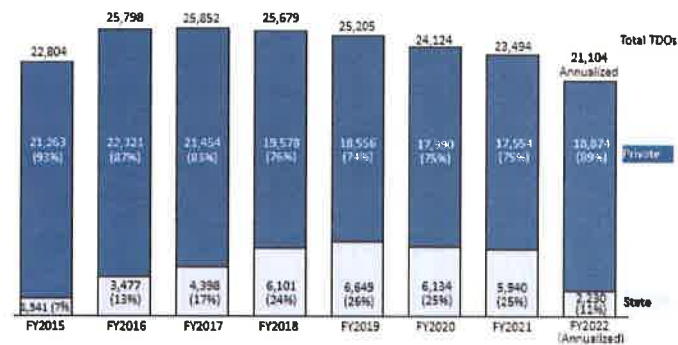
Expanding the Continuum of Care (CoC)

Domain 2: Increase access, grow capacity, and ensure quality of care in the most integrated setting across a comprehensive continuum of care for individuals with mental health disorders, substance use disorders, and developmental disabilities.

Objective 6: Decrease the number of restrictive and involuntary settings and interventions. Key results:

- ✓ A: Reduce the volume of temporary detention orders (TDOs) by 20% by July 2024
- ✓ B: Achieve full geographic availability of crisis service array per every 250,000 citizens by July 2024
- ✓ C: Increase portion of public funding spent on community BH prevention and intervention services to at least 60% by Dec. 2025

State and Private Hospital TDO Admissions



Modernizing Systems and Processes

Domain 3: Modernize systems and processes that leverage best practices to drive and sustain high-quality service outcomes.

Objective 7: Transform the management and administration of services among DBHDS, CSBs, facilities and private providers. Key results:

- ✓ A: Develop an implementation plan for structural changes to enhance the financing and delivery of BH/DD services encompassing CSBs, private providers, and state facilities by August 2023
- ✓ B: Working with stakeholders, assess processes that are not currently working well within DBHDS and among DBHDS, CSBs, and private providers by January 2023 and develop corrective action plan by June 2023
- ✓ C: Design and deploy a customer satisfaction tool for CSBs and providers by January 2023 and attain an average score of 90% satisfaction by January 2025

Modernizing Systems and Processes

Domain 3: Modernize systems and processes that leverage best practices to drive and sustain high-quality service outcomes.

Objective 8: Modernize mission critical facility operating systems. Key results:

- ✓ A: Optimize use of Millennium EHR to decrease provider administrative burden, increase revenue, eliminate paper dependency, and achieve data driven decisions that improve patient outcomes by June 2023
- ✓ B: All facilities utilize modern enterprise healthcare tools and processes by Dec. 2025

Objective 9: Deliver transactional and secure statewide data exchange for behavioral health and developmental disability data. Key results:

- ✓ A: Leverage technology solutions to ensure data reliability and validity in all source systems by Dec. 2024
- ✓ B: Establish a statewide public/private BH/DD health information exchange for patient records by Dec. 2024
- ✓ C: Create a single BH/DD enterprise data warehouse with comprehensive data analytics and reduces administrative burden on provider reporting by June 2024

Prevention

Upcoming Event: Please help us spread the word!

The poster is for the "Second Annual Rural Recovery Revue" held at Passion Community Church. The event is on September 22, 2023, from 11 AM to 3 PM. The location is 4480 Anderson Hwy., Powhatan, VA 23139. The poster lists several activities: free tacos for the first 50 people, family-friendly activities like a bounce house and art booth, vendors serving food and providing local recovery resources, recovery-related speakers and breathwork sessions, and opportunities to learn new ways to commit to recovery everyday. The event is free entry and part of the National Recovery Month event. It is presented by the Rural Substance Abuse Awareness Coalition and The Root Project.

**20
22
SEPT
03**

**PASSION COMMUNITY CHURCH
4480 ANDERSON HWY.
POWHATAN, VA 23139
11AM-3PM**

**SECOND ANNUAL
RURAL
RECOVERY
REVUE**

Free tacos for the first 50 people!

Vendors serving food and providing local recovery resources!

Recovery related speakers, breathwork sessions, ect..

Family friendly with activites such as bouncey house and art booth and so much more!

Learn new ways to commit to recovery everyday!

Learn new ways to commit to recovery everyday!

FREE ENTRY
NATIONAL RECOVERY MONTH EVENT

PRESENTED BY: THE RURAL SUBSTANCE ABUSE AWARENESS COALITION & THE ROOT PROJECT

Accomplishments for August 2022:

- Provided the Goochland Sheriff's Office with locking pouches, locking medication boxes, resource information, and drug disposal packets that were distributed at National Night out on August 2, 2022
- Collaborated with Goochland Sheriff's Office to create an awareness plan involving a trailer that holds Hidden in Plain Site, all RSAAC awareness materials, and all youth-serving programming that is used by the sheriff's office. The trailer will feature a design to promote the Rural Substance Abuse Awareness Coalition and will be taken to many events throughout the year. The Goochland Rotary Club and law enforcement in Louisa County are also collaborating on the project.
- Robin Pentecost and Travis Fellows attended the Hanover Care's Tall Cop Says Stop. We received updates on youth misuse of drugs sold over the counter and at gas stations that are unregulated. We learned about new trends in addiction and youth use of vapes that contain products besides nicotine.
- We attended our first Goochland Chamber of Commerce Event and connected with multiple small business owners who were unaware of our resources and trainings. They were excited to learn that our counties have a coalition and a Community Services Board. Our plan is to keep the conversation going and to learn more about their specific interests and barriers.

-We attended Powhatan County Public Schools Back to School Nights at the High School and Middle School. We provided resources for distribution at all 3 elementary schools. We saw increased interest in suicide prevention resources, gun locks, and educational materials for parents who want to prevent drug misuse for their children.

-We continue to work with Powhatan Schools to plan events and trainings around mental health and suicide prevention. We look forward to a new school year with new opportunities.

MH Case Management

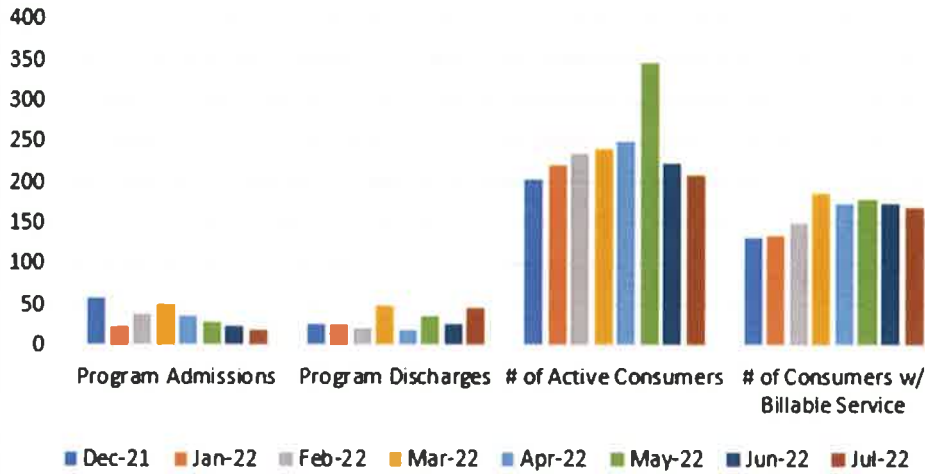
In **July 2022**, the Mental Health Case Management Unit was staffed with 4 case managers and a supervisor. Donna Herndon, nurse was brought onboard to oversee LPNs. The unit served 130 consumers for targeted case management and CSA case management. There were 6 discharges for the unit. Case Managers continued to follow up with community referrals and targeted case management services were provided with more visits being conducted in the community with consumers. Case Managers have continued their outreach attempts to keep consumers engaged in services. The program is currently preparing for 2 case managers to be on maternity leave, by evaluating caseloads and obtaining coverage for case managers going out on leave. Dr. Gomez is transitioning to see all consumer in person, appropriate changes to scheduling procedures and staffing have been adjusted. 2 nurses will be present at the Powhatan location on days Dr. Gomez is providing services. Medication only consumers will now be overseen and managed by the nursing staff and transitioning off case management staff.

Mental Health Outpatient and SUD

MHOP/SAOP Data for July 2022

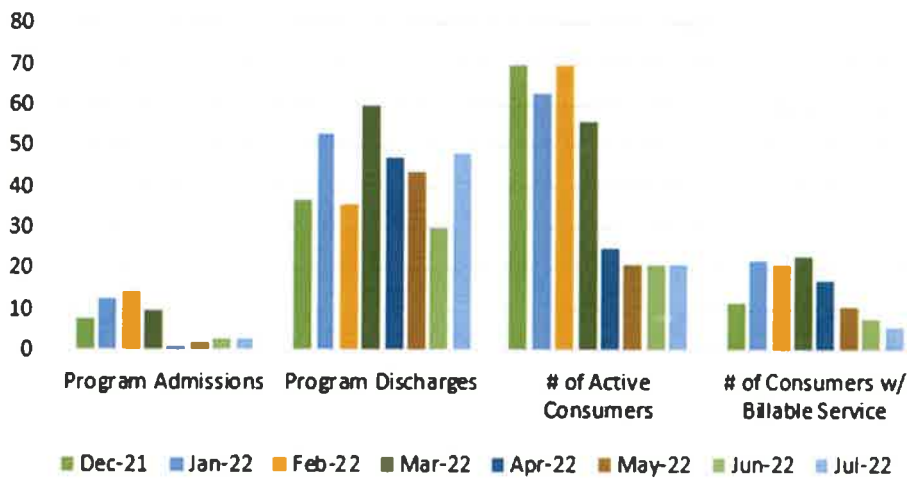
	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22
Program Admissions	58	24	39	52	36	30	24	19
Program Discharges	28	27	23	48	20	37	27	47
# of Active Consumers	205	221	236	242	251	347	224	209
# of Consumers w/ Billable Service	132	134	151	188	174	179	174	169

MHOP



	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22
Program Admissions	8	13	14	10	1	2	3	3
Program Discharges	37	53	36	60	47	44	30	48
# of Active Consumers	70	63	70	56	25	21	21	21
# of Consumers w/ Billable Service	12	22	21	23	17	11	8	6

SAOP



We developed team goals: to complete 20 individual therapy sessions per week for each therapist and to increase planned discharges from our unit. We continue to advertise for a Clinical Director and SUD clinician.

COMMUNITY SUPPORT SERVICES

September 2022 Board Report

Parent-Infant Education Program (PIEP)

We had 6 referrals in July and 6 in August. 11 children were discharged over that time, and we served 61 families with active IFSPs.

Going into the fall, we're sharing flyers like the one below on community bulletin boards as well as online as part of our child find activities. This particular one went up at all three of Goochland's elementary schools in time for Back To School Night in August and will be shared in their e-newsletters.

The flyer features a purple header with the text "Free Developmental Screenings!!". Below this is a green section with the main title "CURIOUS ABOUT YOUR CHILD'S DEVELOPMENT?" in large, bold, purple letters. Underneath the title, it says "Call us to schedule a free screening in person or online to see if your child has all the skills expected for their age". A white brushstroke-style box contains the text "We can tell you about your child's:" followed by a list of skills: "Communication skills ✓", "Play & Learning skills ✓", "Motor skills ✓", "Feeding & Self-help skills ✓", "Behavior & Attention ✓", and "Social-Emotional skills ✓". The flyer is split into two images: a woman smiling and holding a baby on the left, and a child writing letters on a piece of paper on the right. At the bottom, there are two colored boxes (blue on the left, red on the right) with contact information and a QR code labeled "SCAN ME".

Free Developmental Screenings!!

CURIOUS ABOUT YOUR CHILD'S DEVELOPMENT?

Call us to schedule a free screening in person or online to see if your child has all the skills expected for their age

We can tell you about your child's:

- Communication skills ✓
- Play & Learning skills ✓
- Motor skills ✓
- Feeding & Self-help skills ✓
- Behavior & Attention ✓
- Social-Emotional skills ✓

If your child is 2 years old or younger, even a new baby, call Jeanine Vassar at the Infant & Toddler Connection of Goochland Powhatan, (804) 657-2010

If your child is between 2 and 5 years old, and they do not attend public school already, call Wendy Travis at Goochland Elementary School, (804) 556-5321, x3209

SCAN ME

Submitted by Jeanine Vassar, PIEP Supervisor

Psychosocial Rehabilitation Services

Virginia House

At Virginia House, we have been soaking up what's left of summer. We went to the Goochland Sunflower Festival, something we hadn't been able to do since pre-COVID. Per consumer requests, we have gone on outings to the Dollar Tree, Target, and Dairy Queen. We are offering recurring groups focused on Meditation, Health/Wellness, and Chair Exercises (which are really fun for all because you can sing along while you move.) We continue to volunteer weekly at the Goochland Animal Shelter, and we have helped out Goochland CARES on another occasion to divide food into individualized packages for their food pantry customers. We have at least bi-monthly lunches with Monacan Services - they come hang with us and we eat lunch together at Virginia House. A couple of our consumers have been facilitating groups and have weekly opportunities to do so. It's cool to see our folks come into their own in this capacity, and we are proud to support them in their efforts.

We had one tour scheduled that fell through, and one referral. Two of our consumers moved out of catchment and were discharged. Census is at 14.

We are also happy to report that we interviewed and hired a FT Peer Recovery Specialist! She's a welcome addition to our team, both PSR and GPCS overall.

Submitted by Jess Childress, Psychosocial Rehabilitation Supervisor

Day Support Services

Monacan Services

In September we will have a new consumer starting at the program, we are excited to have her be a part of Monacan Services. Several of the consumers have also added more days to the schedule at the center.

The consumers have enjoyed being able to volunteer at Goochland CARES in the food pantry. They enjoy seeing many familiar faces and interacting with those at Goochland CARES.

The folks at Monacan Services are gearing up for their Annual Talent show on September 28th in the Powhatan Auditorium. The consumers are very excited to have the show, as for the past to years we have had to skip it due to COVID. We have a great show planned this year full of singing and dancing. The consumers are having a blast being able to practice on the stage for the show. We would love for the Board to come and see the amazing show!



Submitted by Maitlin Ware, Monacan Services Day Support Supervisor

Community Support Services

Developmental Services Case Management (ID/DD)

The Developmental Services Case Management program is currently serving 93 consumers with waivers and 2 consumers without a DD waiver. Case Managers facilitate meetings to develop Individual Support Plans (ISP) and assist individuals with gaining access to needed supports identified in their ISP. Case Managers completed assessments, conducted face to face visits to monitor supports, and made additional referrals for services as needed.

Individuals actively enrolled in case management services are contacted each month. We complete face to face visits every 30 to 90 days based on the need of the individual. Individuals receiving enhanced case management services are seen face to face to every 30 days.

Individuals in both communities are assessed for the Developmental Disabilities Waiver Waitlist using priority criteria based on the needs of the individual. Currently, GPCS has 64 individuals on the Waiver Waitlist:

County	Number of residents on Waiver Waitlist
Powhatan County	41
Goochland County	23

Below shows numbers based on Priority Criteria:

Priority Status	Number of individuals
Priority 1	6
Priority 2	28
Priority 3	30

Submitted by LaTasha Brown, Developmental Services Case Management Supervisor

In Home Support Services

Direct Support Professionals (DSPs) supported individuals in their homes and community utilizing a person-centered approach. The individuals participated in various community activities throughout July.

The IHSS Supervisor completed monthly visits and observations. The IHSS Support Coordinator facilitated regular contact with consumers and their families via visits in the home and in the community.

Currently, we are seeking a Direct Support Professional to support an individual residing in Goochland.

Hanover County		Goochland and Powhatan Counties	
Consumers	09	Consumers	0
DSPs	11	DSPs	0

We're continuing the recruitment process for part-time Direct Support Professionals (DSPs) for Hanover, Goochland, and Powhatan counties. The GPCS employment application and DSP job description is posted on our website www.gpcsb.org.

Submitted by Veneda Scott, In Home Support Services Supervisor

MONTHLY VEHICLE UTILIZATION AND EXPENSE REPORT (FY-22)

Jul-22

MONTH OF

VEHICLE	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van	Van									
Program	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops	Ops									
Auto ID (last four VIN)	2236	2508	2450	0089	7202	6021	3364	3044	0908	8586	5388	3695	145-507L	176-819L	37-534L	117-954L	167-233L	197-521	167-212L	161-538L	106-432L	144-819L	144-820L	118-010L	116-907L	
Pate #	153,254	193,069	263,035	165,699	189,545	60,788	240,230	81,880	151,558	41,731	43,044	109,889	MILEAGE	2,788	0	0	1,686	91	971	721	953	788	679	0	1,029	
MILES DRIVEN																										

VEHICLE	Van	Van	Car	Car	Car	Car	Car	Car	Car	Car	Car	Car	Car	Car	Car	Car	Car									
Program	Va House	MH CM	ID CM	ID CM	ID CM	ID CM	Monacan	MH CM	Va House	MH CM	MH CM	MH CM	MH CM	Va House	MH CM	IHSS	PIEP									
Auto ID (last four VIN)	6691	0967	9585	0090	9825	9824	4489	1990	0654	1369	6635	2890	2281	205-951	118-003L	106-406L	47-572L	167-220L	197-518L	140-018L	156-857L	106-442L	146-867L	167-222L	39-337L	
Pate #	3,359	110,557	104,223	103,558	52,698	91,230	43,299	112,418	173,425	246,776	103,536	51,962	53,709	MILEAGE	0	96	1319	185	38	754	0	0	0	0	0	
MILES DRIVEN																										

VEHICLE	Car
Program	PIEP
Auto ID (last four VIN)	5887
Pate #	39-324L
MILEAGE	101,828
MILES DRIVEN	0

TOTAL MILEAGE & PROGRAM UTILIZATION

TOTAL MONTH	TOTAL YTD
12,098	12,098
7,210	7,210
3,250	3,250
1,638	1,638

TOTAL # MILES DRIVEN
 Operations (Transportation)
 Monacan Services & Va. House
 Parent Infant Education Program, ID/MH Services, Residential Services,
 In Home Support services

GASOLINE FOR:

NUMBER OF GALLONS PURCHASED
 COST OF GASOLINE PURCHASED

744.41	744
\$2,876.46	\$2,876

** Gas reported Goochland and Quarles July 2022

REPAIRS & MAINTENANCE

COST OF REPAIRS & MAINTENANCE

\$1,315.08	\$1,315
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DRIVERS HOURS & SALARIES

NUMBER OF HOURS DRIVERS WORKED
 DRIVERS SALARIES

265.75	266
\$4,783.50	\$4,784