

P. O. BOX 189 GOOCHLAND, VIRGINIA 23063 EXECUTIVE DIRECTOR Les Saltzberg, Ph.D., LCP (804) 556-5400

Mental Health Services Developmental Disability Services Substance Use Disorder Services

> 3058 River Road West Goochland, VA 23063 (804) 556-5400 Fax (804) 556-5403

3910 Old Buckingham Road Powhatan, VA 23139 (804) 598-2200 Fax (804) 598-3114

MEMORANDUM

TO: Members of the Goochland Powhatan Community Services Board

Ld frJE

FROM: Julie Franklin, Chair

SUBJECT: Notification of Board Meeting

DATE: April 28, 2022

The Goochland Powhatan Community Services Board will meet on Monday, May 2, 2022. The meeting will begin at 4:30 p.m. in the Powhatan Board Room. For those who can not attend in person, please use the Zoom link below:

Carinne Kight is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://us06web.zoom.us/j/4567076416?pwd=T2ZYOEISZHZaUWowUmVMUIZ6RGpqQT09

Meeting ID: 456 707 6416 Passcode: Gpcs2022 One tap mobile +19292056099,,4567076416# US (New York) +13017158592,,4567076416# US (Washington DC)

Dial by your location

- +1 929 205 6099 US (New York)
- +1 301 715 8592 US (Washington DC)
- +1 312 626 6799 US (Chicago)
- +1 669 900 6833 US (San Jose)
- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
- 833 548 0276 US Toll-free
- 833-548 0282 US Toll-free
- 877 853 5257 US Toll-free
- 888 475 4499 US Toll-free

Meeting ID: 456 707 6416

Find your local number: https://us06web.zoom.us/u/kbNC6eEhFt



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1.00

You will find attached the following documents for the May Board Packet:

- 1. May 2022 Agenda
- 2. Minutes from the April 4, 2022 Meeting
- 3. FY2022 March Budget Report
- 4. Unit Reports

Please review these materials prior to the meeting. We look forward to seeing you on the 2nd. *******If you find that you are unable to attend a Board meeting, please let us know as soon as possible. This will let us assess whether we will have a quorum or not and reschedule if necessary. Les Saltzberg can be reached on his cell phone at 804-807-4335 (voice mail and text), or via email lsaltzberg@goochlandva.us.



GOOCHLAND POWHATAN COMMUNITY SERVICES BOARD MEETING

May 2, 2022 4:30 P.M. Powhatan Board Room

AGENDA

I. Minutes of the April 4, 2022 Board Meeting

Pages: 1 - 3

*Action: Approve or amend April 2022 minutes.

II. FY2022 March Budget Report

Pages: 4

*Action: Approve or amend FY2022 March Budget Report

III. Program Presentation-Monacan Services

Pages: NA *Informational

IV. FY2023 GPCS Board of Director Officer Election Nomination Slate

Pages: NA

*Action: Approve or amend Officer Nomination Slate

- V. Reports
 - a. Board Chair
 - b. Senior Community Support Director
 - c. Senior Clinical Director
 - d. Senior Administrative Director
 - e. Executive Director
 - f. Other Reports

Pages NA

*Informational

VI. Adjourn

Next Meeting: June 6, 2022, 4:30 p.m. Location: Goochland Board Room.

GOOCHLAND POWHATAN COMMUNITY SERVICES MINUTES April 4, 2022

Goochland Powhatan Community Services Board of Directors held its April 2022 meeting on Monday, April 4, 2022, virtually via a public zoom link.

Present

Jackie Cahill

Angela Cimmino

Erin Harnage

GaElla Matthews

Crystal Neilsen-Hall

Renee Sottong

Absent

Parthenia Dinora

Julie Franklin

Mariah Leonard

Yvette McDermott Thomas

Staff Attending

Les Saltzberg

Lateshia Brown

Carinne Kight

Cheryl Smith

Irene Temple

Welcome

Les Saltzberg welcomed all attending Board members and thanked them for joining the meeting.

Minutes

March 2022 meeting minutes were reviewed for approval. There were two errors for correction. Renee was incorrectly listed as attending the meeting, and the heading of Covid Update was used twice.

ACTION: Motion to approve March 2022 meeting minutes as amended, was made by R. Sottong, seconded by C. Neilsen-Hall. Motion carried by all, and March 2022 minutes were approved.

FY 2022 January Budget Report

Cheryl Smith, Finance Director, provided the February 2022 Budget Report to the Board. She noted that the agency is doing well, but there were two out of the norm payments they would see. The first is a \$31,000 payment to the Richmond Times Dispatch. This is for prepaid ad space, both digitally and in paper. The second is a \$7,000 payment to GPCS for PIEP. This is part of the American Rescue Act funds.

ACTION: Motion to approve FY 2022 February Budget Report as presented, was made by C. Neilsen-Hall seconded by G. Matthews. Motion carried by all, and FY 2022 February budget report was approved.

COVID Update

Les reminded the Board that the agency had decided to remove the mask requirement as of April 4th. Some staff and consumers still opted to wear them, but most were not. He also let the Board know that

the COVID Emergency Temporary Standards which the General Assembly had written into code in 2021 have now been revoked and leadership is working on updating policies to reflect this change.

Powhatan Space Planning

Les informed the Board that the agency has formed a committee to work on the Powhatan space planning. Recently, Chery, Lateshia, and Les went to look at some space along route 60 and unfortunately it isn't going to work for GPCS. There is new building being built down by rocky oak, so they may look at that if it's available. Les plans on reaching back out to the Powhatan County administrator once they are out of budget time about our lease renewal and progress in moving. Powhatan currently has funds to build a new admin building in their proposed budget so if that gets passed could affect GPCS.

Reports

Senior Clinical Director -

Irene reported that a new mental health outpatient clinician will be starting in May.

Senior Administrative Director -

Carinne reported that a new administrative services assistant will be starting later this month.

Executive Director -

Les reported that on May $\mathbf{1}^{\text{st}}$ a new peer support intern will start. This is being coordinated by the region. The intern must get 500 hours experience and will be working closely with the GPCS recovery coordinator, Robyn Hantelman. Hopefully at end it is a good fit, and they move into peer support position.

Les also reported that the state budget has not been finalized. It's likely that it won't be addressed again until the General Assembly comes in on April 27th.

At approximately 4:58, C. Neilsen-Hall that the Board convene in a closed meeting pursuant to Virginia Code §2.1-344 A (4) for the protection of the privacy of individuals in personnel matters not related to public business. E. Harnage seconded this motion and the Board unanimously approved it.

Reconvened in Regular Session

Whereas the Goochland-Powhatan Community Services Board of Directors convened in a closed meeting on this date pursuant to an affirmative recorded vote and in accordance with the provision of the Virginia Freedom of Information Act; and whereas §2.1-344.1 of the Code of Virginia requires a certification by this Board that such closed meeting was conducted in conformity with the Virginia Freedom of Information Act. Now therefore, be it resolved that the Goochland=Powhatan Community Services Board of Directors certifies that, to the best of each member's knowledge, only public business matters lawfully exempted from open meeting requirements under the Freedom of Information Act, and only such public business matters as were identified in the motion convening the closed meeting were heard, discussed, or considered by the Board.

ACTION: Motion made by E. Harnage to certify conformity of closed meeting and to reconvene regular session, seconded by G. Matthews. All members affirmed this.

-
Date

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GOOCHLAND POWHATAN COMMUNITY SERVICES ALL PROGRAMS COMBINED BUDGET REPORT

FY 2022

		FY:	2022			
Account Description	FY 2021	FY 2022	Through	%	Over/(Under)	
	Actual	Approved	3/31/2022	Expended		Note #
EXPENSE						
PERSONNEL		VI.				
Total Salaries and Wages	\$3,146,426	\$3,889,694	\$2,701,151	69%	(\$1,188,542)	
Total Fringe	\$859,263	\$962,052	\$688,693	72%	(\$273,358)	
9	, ,	, ,	7000,000	1270	(4270,000)	
Total Personnel Services	\$4,005,689	\$4,851,746	\$3,389,845	70%	(\$1,461,901)	
OPERATIONS					5. //	
Total Staff Development	\$29,768	\$29,294	\$10,659	36%	(\$18,635)	1
Total Facility Expense	\$187,645	\$195,133	\$123,232	63%	(\$71,901)	1 2
Total Supplies	\$129,093	\$144,110	\$95,089	66%	(\$49,021)	2
Total Travel Expense	\$71,637	\$105,590	\$51,281	49%	(\$54,309)	1
Total Consult/Prof Servs	\$505,798	\$418,815	\$245,481	59%	(\$173,334)	'
Total Special Funding	, ,	7	\$176,526	0070	(\$170,004)	3
Total Misc Expense	\$125,062	\$57,514	\$115,386	201%	\$57,872	4
Total Operations	\$1,049,004	\$950,456	\$817,654	86%	(\$132,802)	·
TOTAL EXPENDED	\$5,054,693	\$5,802,201	\$4,207,499	73%	(\$1,594,702)	
INCOME						
State Income - MH	\$1,686,019	\$1,927,408	¢4 E74 704	000/	(0055.044)	
State Income - DD/ID	\$397,648	\$397,517	\$1,571,794	82%	(\$355,614)	
State Income - SUD	\$468,162	\$476,643	\$314,697	79% 79%	(\$82,820)	
Federal Income	\$595,872	\$380,872	\$377;340 \$741,895	195%	(\$99,303)	-
Goochland County	\$298,630	\$298,630	\$223,973	75%	\$361,023	5
Powhatan County	\$298,630	\$298,630	\$223,973	75% 75%	(\$74,658)	
Fees:	φ290,030	\$290,030	\$223,973	75%	(\$74,658)	
Medicaid SPO	\$943,059	\$763,760	\$691,582	91%	\$0 (#72.470)	
Medicaid Waiver	\$414,563	\$517,100	\$381,305	74%	(\$72,178)	6
Medicaid Transport	\$19,682	\$30,000	\$16,687	56%	(\$135,795)	6 6
Schools	\$0	\$0,000	\$10,087	0%	(\$13,313)	ь
Direct & Third Party	\$244,298	\$310,366	\$159,135	51%	\$0 (\$154.334)	
Work Contracts	\$0	\$0	\$159,155 \$0		(\$151,231)	6
Program Activities	\$3,929	\$0 \$0			\$0	
PIEP Part C	\$198,742	\$166.489	\$3,928	0%	\$3,928	_
Reinvestment	\$162,640	\$177,425	\$139,210	84%	(\$27,279)	7
Restricted-Grant	\$162,640 \$0	\$177,425	\$133,069	75%	(\$44,356)	
Reserves	\$0 \$0	\$0 \$0	\$0	0%	\$0	
Miscellaneous	ەن \$191,906	\$57,362	\$0	0%	\$0	
Interest and Other	\$191,906 \$0	\$57,362 \$0	\$43,755 \$0	76%	(\$13,607)	
TOTAL INCOME	\$5,923,780	\$5,802,201	\$5,022,341	0% 87%	\$0 (\$779,860)	
BALANCE	\$869,087	\$0	\$814,842			
DALANGE	φουσ,υσ1	ΨΟ	Φ014,04Z			

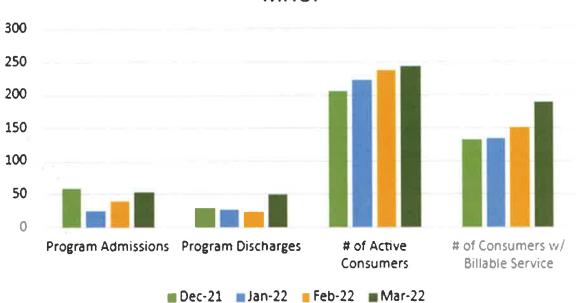
Notes

- 1 Still feeling the effects of COVID some conferences have still been virtual so cheaper and not much travel
- 2 One month short of utility expenses compared to last YTD, not as many repairs as last year, cleaning expense coded to contracted services this year
- 3 \$10K Annual Program License for 5 Bridges to Wellness, \$10.5K for Beth Macy, speaker at RSAAC's 8/21 Event, \$40K to Pinnacle for RSAAC 2021 Media, \$4K Locking Medicine Pouches, SOR Recovery \$16K, SARPOS \$8K \$2K Valpak, \$13K CADCA Expenses (we will get some of this back since most folks are now not going) \$5K True Recovery, \$7K EffectTV Ads, \$30K for 6 month contract with Emergency Services Solutions for the ROOT Program, \$12K for 67 teachers to do Virtual Trauma Sensitive Schools Workshop
- 4 \$82K spent on Job Advertisements
- 5 We received \$158K OT SUD FBG Prevention Funds, \$62K OT SUD FBG Alcohol/Drug Treatment Funds, \$10K for Marijuana Campaign, \$105K SOR Y4 Prevention OT Funds, \$12,560 OT Recovery Funds, \$72K SOR Y4 Recovery OT, and \$8K OT Treatment
- 6 Some of the fees are up versus Budget and some down, but overall, fees are 77% of Budget which is right on target
- 7 Received \$7,407 in ARPA Funds.

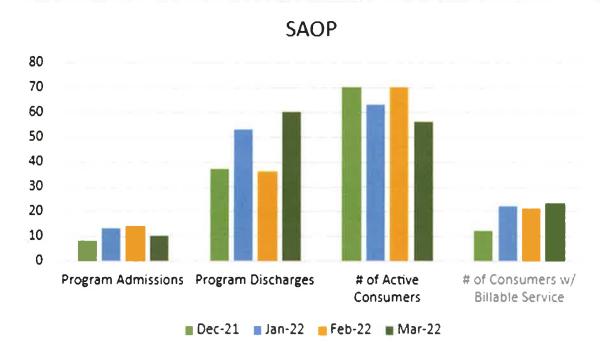
MHOP and SAOP

	Dec-21	Jan-22	Feb-22	Mar-22
Program Admissions	58	24	39	52
Program Discharges	28	27	23	48
# of Active Consumers	205	221	236	242
# of Consumers w/ Billable Service	132	134	151	188





Dec-21	Jan-22	Feb-22	Mar-22
8	13	14	10
37	53	36	60
70	63	70	56
12	22	21	23
	8 37 70	8 13 37 53 70 63	8 13 14 37 53 36 70 63 70



We commenced a women's treatment group, Seeking Safety, in March on Wednesday evenings in Powhatan. Referrals and attendance are building slowly. We have hired some new MHOP therapists and said goodbye to our SUD clinician. We are looking to build and grow that part of our services as we are now able to offer suboxone to clients living with Opiate Dependence, along with group and individual therapy. Our therapists have an average caseload of 35 clients.

Prevention

March 2022:

We launched our pilot version of 5 Bridges to Wellness for Youth in Goochland. 13 youth attended the program and the feedback was 100% positive. This was adapted from the adult version and will continue to evolve as other CSB's test the program and hopefully give feedback.

We taught 13 people in Adult Mental Health First Aid at Goochland Cares

We continued to teach the Adverse Childhood Experiences Course as part of a statewide collaborative. We began strategy for a second collaboration with Region IV that will use targeted marketing to reach specific populations outside of our typical reach.

We met with Goochland Sheriff's Office and created a plan for community engagement for summer of 2022. DBHDS approved the funding request to use State Opioid Response grant money to bring awareness activities into Sheriff-led programs and church led programs.

Goochland and Powhatan Schools continue to work on their youth led media campaigns.

Below is a recent update and screenshot of logos that were hand-drawn by Powhatan Youth and digitized by our media consultant.

April 15, 2022

Below are campaign elements and concepts the Powhatan High school team has come up with. They are currently working on storyboards for their videos and scheduling shooting for the first week of May. If the Goochland students would like to springboard of this campaign and branding we would love to see what they come up with.

Logo Options:



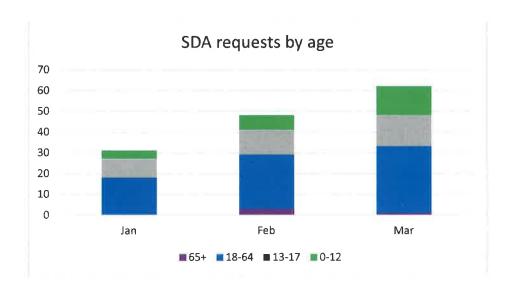


Color palette:

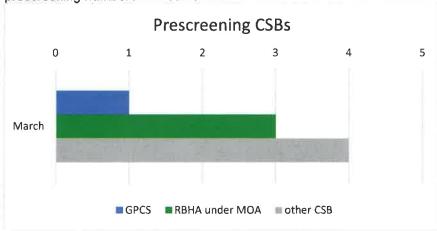


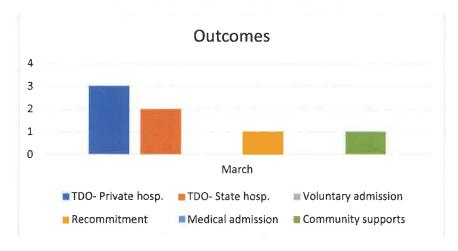
ACCESS

SDA: SDA in March continued to see high volume with 62 service requests. Please see the chart below that outlines the consumer age for service requests over the past three months. Of these requests, we were able to complete 48 assessments and 12 rolled over into April. This is the second largest number of SDA assessments completed. There were an additional 5 individuals who bypassed SDA to program assignments. MHOP continues to be the largest program assignment.



Emergency Services: In February, 37 people contacted ES. Please see the charts below for prescreening numbers and outcomes.





MH Case Management

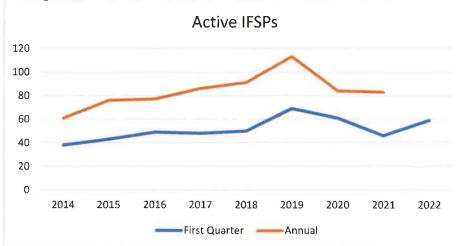
In March 2022, The Mental Health Case Management Unit was staffed with six case managers and a supervisor until March 11, 2022, when Chantel Lewis resigned. Chantel was the Veterans Case Manager in addition to working some targeted case management cases. Her position was not advertised as caseloads are low and her remaining targeted case management clients were transferred to the remaining 4 case managers that serve adults. Additionally, the case managers followed up with her work with their consumers receiving veterans' services to access benefits and resources. There was one peer support application received and reviewed. The applicant was contacted but there were questions his past criminal background. No interviews were scheduled in March for the position. Cassidy Griles conducted Seeking Safety groups. The unit served 124 consumers with 7 new admissions and 16 discharges for the month. Outreach attempts to engage consumers in services and for increased face to face contact continued.

COMMUNITY SUPPORT SERVICES May 2022 Board Report

Parent-Infant Education Program (PIEP)

We had 7 referrals in March and 2 children were discharged. We served 51 families with active IFSPs.

The graph below shows how many active IFSPs we had across each calendar year (orange) and during the first quarter of each year (blue). It's clear the PIEP census was increasing until Covid-19 after the first quarter of 2020, but it's also clear that we're already on the upswing based on our census for the first quarter of 2022. In fact, we could be catching up to our previous growth at double speed, since some children who would have benefited from our program are being referred to us late rather than never.



Also, since quarantine and social distancing in 2020 likely changed the social experience of babies born that year, many programs serving toddlers are reporting different needs in this year's two-year-olds, especially regarding speech development and personal-social skills. We expect this to be even more evident as children born in 2020 begin preschool and kindergarten, since their needs might not have been identified earlier if they weren't participating in daycare, play groups, or even extended family functions.

Submitted by Jeanine Vassar, PIEP Supervisor

Developmental Services Case Management (ID/DD)

The Developmental Services Case Management program is currently serving 93 consumers with waivers and 2 consumers without a DD waiver. Case Managers facilitate meetings to develop Individual Support Plans (ISP) and assist individuals with gaining access to needed supports identified in their ISP. Case Managers completed assessments, conducted face to face visits to monitor supports, and made additional referrals for services as needed.

Individuals actively enrolled in case management services are contacted each month. We complete face to face visits every 30 to 90 days based on the need of the individual. Individuals receiving enhanced case management services are seen face to face to every 30 days.

Individuals in both communities are assessed for the Developmental Disabilities Waiver Waitlist using priority criteria based on the needs of the individual. Currently, GPCS has 57 individuals on the Waiver Waitlist:

County	Number of residents on Waiver Waitlist
Powhatan County	39
Goochland County	18

Below shows numbers based on Priority Criteria:

Priority Status	Number of individuals
Priority 1	4
Priority 2	25
Priority 3	28

The Waiver Slot Assignment Committee (WSAC) is scheduled to meet on March 7, 2022, to allocate eight DD Waiver Slots to individuals on the waitlist (Priority 1).

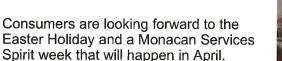
Submitted by LaTasha Brown, Developmental Services Case Management Supervisor

Day Support Services





Monacan Services attended an Easter Program at Graceland Baptist Church for individuals with Disabilities at the end of March. The consumers had a wonderful time, with many individuals getting up to dance and sing in the front of the church. One of the consumers even did a solo song, and it was amazing.





We continue recruitment efforts for Direct Support Professionals. The GPCS employment application and DSP job description is posted on our website www.gpcsb.org.

Submitted by Maitlin Ware, Monacan Services Day Support Supervisor

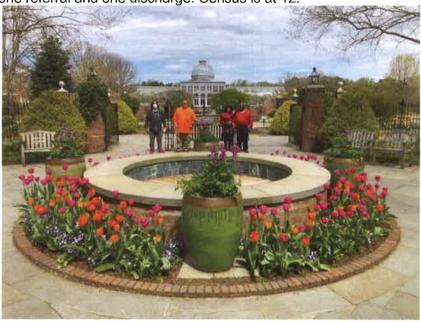
Psychosocial Rehabilitation Services

Virginia House

At Virginia House, we are so excited about the warm weather! It's getting more of us out and about, whether on outings or just walks or jogs around the neighborhood. We are planning what we'll plant in the garden here, though it's been a bit dicey trying to plant while avoiding the cold temperatures we've had at night. The weather held out long enough for our group to visit the Botanical Gardens, and folks were glad to be able to do something different while enjoying the peace that comes from nature. We continue to volunteer weekly at the Goochland Animal Shelter. We were recently asked if we could assist Goochland Cares with cutting up several wheels of cheese so it could be distributed in the food pantry for community members.

We are also enjoying the fresh look of our main room. We've recently purchased several soft chairs for our folks to relax in, and so far we've gotten positive feedback from our consumers.





Submitted by Jess Childress, Psychosocial Rehabilitation Supervisor

In Home Support Services

Direct Support Professionals (DSPs) supported individuals in their homes and community utilizing a person-centered approach. The individuals participated in various community activities throughout the month of March. Many of them visited local events in the malls. The clients have visited many inside events due to the weather. Some of the client joined an exercise group at Henrico Recreation Center and Cool Springs Church.

IHSS Supervisor completed monthly visits and observations. IHSS Support Coordinator facilitated regular contact with consumers and their families via visits in the home and community, and phone calls.

We received one referral during February. Currently, we have one individual in Hanover and one in Goochland in need of direct support staff.

Hanover County		Goochland and Powhatan Counties		
Consumers	11	Consumers	1	
DSPs	12	DSPs	1	

The recruitment process for part-time Direct Support Professionals (DSPs) for Hanover, Goochland, and Powhatan counties. The GPCS employment application and DSP job description is posted on our website www.gpcsb.org.

Submitted by Veneda Scott, In Home Support Services Supervisor

MONTHLY VEHICLE UTILIZATION AND EXPENSE REPORT (FY-22)

	Van	Monacan	3692	116-907L	146,588	1,406	j	<u>8</u>	PIEP	167-222L	53,709	0			
	Van	Monacan	5388	118-010L	110,118	172			SSHI	146-867L	55,662	144			9
	Van	Monacan	8228	144-820L	47,846	917			MH CM	106-442L	104,348	351			
	Van	Monacan	8586	144-819L	48,045	1,245			Ops	140-004L	246,776	0			
(77-	Van	Ops	8060	106-432L	152,912	16		\neg	Va House	156-857L	174,103	109	ρ		
	Van	Monacan	3044	161-538L	83,120	40		_	MH CM	140-018L	114,660	243	TOTAL YTD 85,241 41,250 29,170 14,821 14,821 5,255 \$13,240	200	1,887
	Van	Ops	3364	167-212L	251,839	0		Q .	Monacan	197-518L	48,168	564	Ę.	•	■ 0 ■ 01
MONTHET VEHICLE OTTEIZATION AND EAPENSE REPORT (* 1722)	Van	Monacan	-6021:	197-521	63,416	578		Gal	ID CM	3624 167-220L	91,903	132	TOTAL MONTH 9,928 3,666 4,545 1,717 618.39 \$1,327.41	44,00	226.75
ILIZATION	Van	sd0	7202	167-233L	195,649	1,589		Т	ID CM	167-221L	52,960	0	7 2022	1.	A 1480
	Van	Ops	6800	117-954L	169,500	0		<u>8</u>	ID CM	47-572L	108,966	845	S DRIVEN sportation) /a. House pport CHASED cHASED can January 20 oilled 2/3/2022		WORKED ALARIES
	Van	Ops	2450	37-534L	263,035	0	,	200	MHCM	106-406L	104,309	2	PIEP 3887 5-324L 5,119 0 UTILIZATION TOTAL # MILES DRIVEN Operations (Transportation) acan Services & Va. House ices, In Home Support F GALLONS PURCHASED GASOLINE PURCHASED GASOLINE PURCHASED F GASOLINE PURCHASED FENANCE	- - - - - - - - - - - - - - - - - - -	S DRIVERS WORKED DRIVERS SALARIES
	Van	Ops	2508	176-819L	193,193	19	20/1	IIPA	Va House	118-003L	110,985	107	ar Car 2281 5887 2281 39-324L 101,828 85,119 0 0 PROGRAM UTILIZATION TOTAL # MILES DRIVEN Operations (Transportation) Monacan Services & Va. House ID/MH Services, In Home Support COST OF GALLONS PURCHASED COST OF GASOLINE PURCHASED COST OF GASOLINE PURCHASED 24/2021-12/14/2021 \$431.40 billed 2/3/2 SS & MAINTENANCE		ALARIES F HOURS D
	Van	Ops	2236	145-507L	161,246	1,424	201	٨٩١	Va House	205-951	3,384	25	Car Car PIEP PIEP 2281 5887 39-324L 101,828 85,119 0 0 0 0 0 0 0 0 0		HOURS & SALARIES NUMBER OF HOURS DRIVERS WORKED DRIVERS SALARIES
MONTH OF Feb-22	VEHICLE	Program	Auto ID (last four VIN)	Pate #	MILEAGE	MILES DRIVEN	L	VEHICLE	Program	Auto ID (last lour VIIV) Pate #	MILEAGE	MILES DRIVEN	Program Auto ID (last four VIN) Pate # MILES DRIVEN MILES DRIVEN MILES DRIVEN MILES DRIVEN TOTAL MILEAGE & PROGRAM UTILIZATION TOTAL # MILES DRIVEN Operations (Transportation) Monacan Services & Va. House Parent Infant Education Program, ID/MH Services, In Home Support Services GASOLINE FOR: COST OF GASOLINE PURCHASED COST OF GASOLINE PURCHASED ** Gas reported Goochland 1/17/2022-29/2022 and Powhatan January 2022 Goochland missed date range 11/24/2021 4431.40 billed 2/3/2022 REPAIRS & MAINTENANCE		DRIVERS HOURS & SALARIES NUMBER OF HOURS

MONTHLY VEHICLE UTILIZATION AND EXPENSE REPORT (FY-22)